September 2013 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Holiday	3 WW Cheese Pizza Garden Salad w/Grape Tomatoes Seasoned Corn Banana	4 Hamburger on WW Bun w/Lettuce & Tomato Slices Vegetarian Beans Potato Wedges Apple	5 Meat Loaf w/WW Roll Scalloped Potatoes Glazed Carrots Peaches	6 Turkey & Cheese Wrap w/ Lettuce & Tomato Broccoli w/Dip Baked Chips Orange Wedges
9 Mini Corn Dogs Seasoned Fries Pinto Beans Apple	10 Chicken Nuggets w/Roll Sweet Potato Tots Peas Pudding Cup Banana	11 Mozzarella Sticks w/Marinara Sauce Spinach Salad w/Raspberry Vinaigrette Dressing Corn on the Cob Mandarin Oranges	12 Country Fried Steak w/ Pepper Gravy Mashed Potatoes Glazed Carrots Applesauce Biscuit	13 Student Holiday
16 Cheeseburger on WW Bun W/Lettuce & Tomato Slices Criss Cross Fries Mixed Veggies Apple	17 Cheese Quesadilla Garden Salad w/Cherry Tomatoes Refried Beans Jello w/Whipped Topping Banana	18 Chicken Sticks w/Sliced Bread Broccoli with Cheese Tater Tots Mandarin Oranges	19 Spaghetti w/Meat Sauce Garlic Bread Stick Italian Green Beans Tossed Salad Mixed Fruit	20 Hot Ham & Cheese on WW Bun Diced Potatoes Carrots w/Ranch Juice Bar Kiwi
23 WW Pepperoni Pizza Romaine Salad with Tomato Wedges Celery Sticks w/Ranch Dip Apple	24 Breaded Chicken Patty WW Bun Sweet Potato Fries Lima Beans Banana	25 Ribque on WW Bun Black-Eyed Peas Turnip Greens Pineapple Rings	26 **"Birthday Lunch"** Hot Dog on WW Bun Cole Slaw Baked Beans Cake w/Ice Cream Orange Wedges	27 Beef & Bean Burrito Mexican Corn Veggie Sticks Apple
30 Grilled Chicken Sandwich on WW Bun w/Lettuce and Tomato Slices Seasoned Potato Wedges Cooked Spinach Apple				

This institution is an equal opportunity provider