Facilities for 21st Century Learning

Ideas for 21st Century Facilities

Health and Wellness

Food, nutrition, health education, and physical activity are significantly important in the lives of students and are incorporated into their daily lives at school. Increasingly food courts are featured in schools to provide fresh food with a variety of healthy choices. Food can be prepared centrally and served centrally, or distributed throughout general learning settings in the school. In schools with a culinary arts program, this program is often collocated with the food service functions. Common concepts in 21st Century elementary schools include a combined cafeteria and stage—benefiting from the large space required for each. This concept offers an advantage for community access for functions that are shared with the public.

The Gymnasium, outdoor play lots, playgrounds and athletic fields provide the customary opportunity for physical activity for students at school. Some high schools include a fitness center to supplement the traditional opportunities for the students’ physical development.

DoDEA Website for Health and Wellness

The following link provides a website created by DoDEA with in depth explanations and additional contact information to promote a fully healthy lifestyle.

http://www.dodea.edu/wellness/index.cfm