



# ALBRITTON MIDDLE SCHOOL COUNSELORS



CARING ENOUGH TO MAKE A DIFFERENCE

## SCHOOL COUNSELORS 101

### WHO IS THE SCHOOL COUNSELOR?

- A Master's level certified, specially trained professional
- A helper to students in individual and group settings
- A helper to students regarding persona/social, academic, and career development
- A collaborator and consulter with parents and school staff regarding student needs.

### HOW DOES THE STUDENT ACCESS THE COUNSELOR?

- Appointment made by counselor
- Self-referral
- Parent referral
- Administrative referral
- Teacher or other staff referral
- Referral by a friend
- Walk-in

## SCHOOL COUNSELORS' MISSION

...to ensure that all students receive the skills necessary to be productive and active members of our democratic society, possessing self-direction, a positive self-image, and an understanding of self and others. The Counseling Program will promote and enhance student learning by focusing on three interrelated areas: Academic Development, Career Development, and Personal/Social Development. (DoDEA Manual 2946.2, 2006)

### YOUR SCHOOL COUNSELORS ARE:

Diane Levy: 6th and 8th grade  
diane.levy@am.dodea.edu

Natalie daSilva: 6th and 7th grade  
natalie.dasilva@am.dodea.edu

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**U** SE YOUR WORDS/UNDERSTAND OTHERS  
**L** OVE  
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**D** O THE RIGHT THING  
**O** PEN MIND/OPEN HEART  
**G** IVE WILLINGLY/GRATEFUL  
**S** AY PLEASE & THANK YOU

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## CARING ENOUGH TO MAKE A DIFFERENCE

### REACHING YOUR GOAL TAKES DETERMINATION AND PERSISTENCE



### STUDENT PLEDGE

*I am here to learn!*

*This day has been given to me fresh and clear. I promise I shall use this day to its fullest, realizing it can never come back again.*

*Every day is a wonderful opportunity for me to learn, to care, and to celebrate the joy of life. I am the only person who has the power to decide what I will accomplish. I am a unique and precious human being. I have the potential to achieve great success.*

*I am an important part of the universe.*

*-D. Ellis, M. Collins, R. Valett*



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## CARING ENOUGH TO MAKE A DIFFERENCE

### WHAT DOES A SCHOOL COUNSELOR DO?

- Talks with students individually and in groups
- Gains understanding of students through observation in the classroom
- Helps students relate to others
- Assists students in coping with social developmental issues
- Promotes positive attitudes and values among students
- Actively listens to concerns of parents, teachers, and peers in helping students
- Responds to identified concerns
- Provides follow-up, prevention, remediation and crisis intervention services
- Helps people make better use of community resources
- Coordinates standardize testing
- Uses test data to provide information about abilities, achievement, interests and needs
- Coordinates with other school specialists
- Coordinates referrals to outside agencies
- Helps with school, college, job, career and personal plans

### WHERE DOES COUNSELING TAKE PLACE?

- Counselor's Office
- Classroom
- School Grounds  
(e.g. lunchroom, hallway, etc.)

### INSPIRATIONAL THOUGHTS

*"He who looks outside dreams, he who looks inside awakes."*  
-Paul Gustav Jung

*"There is no shortcut to any place worth going, but there is the joy of discovery in the journey."* - Unknown

*"Greatest glory in living lies not in never falling, but in rising every time you fall."* - Nelson Mandela