April 2021

Camp Lejeune Community Schools

BREAKFAST

Month of the Military Child

Menu subject to change upon availability

Nutrition Tip: Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spring Break	2 Spring Break
5 Cinnamon Rolls Mini Cereal Peach Cup Milk	6 Egg & Cheese Muffin Mixed Fruit Juice Milk	7 French Toast Sticks Cereal Pears Milk	8 Muffin Cereal Juice Milk	9 No School Teacher Workday
12 Pancakes Sausage Patty Juice Milk	13 Assorted Danish Cereal Pears Milk	14 Pop Tart Cereal Applesauce Cup Milk	15 Bagels Mini Strawberry Orange Wedges Juice Milk	16 Breakfast Pizza Peach Cups Juice Milk
19 Nutri Grain Bar Cereal Pineapple Milk	20 Ham & Cheese Muffin Apple Slices Juice Milk	21 Yogurt Cereal Peaches Milk	22 Chicken Tenders Waffle Stix Juice Milk	23 Assorted Danish Cereal Juice Milk
26 Cinnamon Rolls Mini Cereal Peach Cup Milk	27 Egg & Cheese Muffin Mixed Fruit Juice Milk	28 French Toast Sticks Cereal Pears Milk	29 No School USDA is an equal opportunity provider and employer.	30 Muffin Cereal Juice Milk