

Nutrition Byte

Peace, Love and School Lunch

Did you know October 10-14 is officially National School Lunch Week? The #NSBW2021 theme is “Peace, Love and School Lunch”. We love school lunch!

The National School Lunch Program serves nearly 30 million children every school day. President John F. Kennedy created National School Lunch Week (NSLW) to promote the importance of a healthy school lunch in a student’s life and the impact it has inside and outside of the classroom. School meals are incredibly important for students and their families.

During NSLW, School Nutrition professionals, school staff and students will find ways to celebrate with their schools and districts through special menus, events, activities and more. The 2022 NSLW theme allows schools to have fun, be creative and share love for school meals and their local School Nutrition Programs.

Let’s lift up our essential School Nutrition professionals during #NSLW2022 and all month for their amazing, dedicated efforts to provide appealing, nutritious school meals every day. Recognize our #NCSchoolNutritionHeroes with a thank you card, social media post, etc. **Nutrilink:** For more info about school meals and NSLW, go to www.schoolnutrition.org.

Camp Lejeune Community Schools Lunch 9-12

Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
Chicken Nuggets w/ Roll Potato Tots Broccoli Baby Carrots Applesauce Cup Raisins Milk	Double Cheeseburger Corn Green Beans Pears Peaches Milk	Hot Ham & Cheese Sub Baked Beans California Vegetables Apple Cranberries, Dried Milk	Spicy Chicken Sandwich Corn Potato Tots Baby Carrots Mixed Fruit Raisins Milk	Fiestada Pizza Broccoli Romaine Spinach Salad Apple Watermelon Chunks Milk
Monday, October 10	Tuesday, October 11	Wednesday, October 12	Thursday, October 13	Friday, October 14
Holiday	No School	Chicken Quesadillas Corn Green Beans Peaches Raisins Milk	Loaded Baked Potato Pizza Roll Romaine Spinach Salad Peas & Carrots Applesauce Cup Peaches Milk	Pulled Pork Cornbread Muffin Potato Tots Coleslaw Pears Cranberries Milk
“Thank you”	School Nutrition	“Team Heroes”		
Monday, October 17	Tuesday, October 18	Wednesday, October 19	Thursday, October 20	Friday, October 21
Chicken & Waffles Corn Winter Bend Vegetables Pineapple Tidbits Raisels Milk	Pork Rib on Bun Broccoli Baked Sweet Potatoes Orange Wedges Pineapple Milk	Beefy Cheesy Pasta Roll Romaine Spinach Salad Green Beans Apple Mixed Fruit Milk	Chicken Nuggets w/ Roll Potato Tots Broccoli Baby Carrots Banana Raisins Milk	Corn Dog Nuggets Green Beans Oven Fried Potatoes Baked Beans Applesauce Cup Peaches Milk
Monday, October 24	Tuesday, October 25	Wednesday, October 26	Thursday, October 27	Friday, October 28
Fiestada Pizza Broccoli Romaine Spinach Salad Apple Watermelon Chunks Milk	Double Cheeseburger Corn Green Beans Pears Peaches Milk	Hot Ham & Cheese Sub Baked Beans California Vegetables Apple Cranberries, Dried Milk	Spicy Chicken Sandwich Corn Potato Tots Baby Carrots Mixed Fruit Raisins Milk	No School
Monday, October 31				
Stuffed Crust Pizza Romaine Spinach Salad Corn Orange Wedges Raisels Milk	Menu subject to change upon product availability			

Camp Lejeune Community Schools

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<https://www.dpi.nc.gov/districts-schools/district-operations/school-nutrition>