

# February Breakfast Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 A. Pancakes B. WW French Toast/ Sausage patty  <b>Fruit or Juice / Milk</b>	2 A. Muffin B. Scramble eggs & Sausage links / WW Tater tots  <b>Fruit or Juice / Milk</b>	3 A. Cold cereal / W Toast B. Corn Meal / WW Bread <b>Fruit or Juice / Milk</b>	4 Turkey ham & white cheese sandwich  <b>Fruit or Juice / Milk</b>
7 A. Cold Cereal / WW Toast B. Scramble eggs & Slice of ham / Tater tots	8 A. Ham & Cheese Sandwich B. Pancakes Sausage links <b>Fruit or Juice Milk</b>	9 A. Muffin B. Oatmeal / W Bread  <b>Fruit or Juice / Milk</b>	10 <b>No School CCR/Day</b>	11 Sausage Patty W Cheese Sandwich  <b>Fruit or Juice / Milk</b>
14 A. Cold Cereal WW Toast B. Cream of Wheat / W Bread <b>Fruit or Juice / Milk</b>	15 A. Pancakes B. WW French Toast Sausage patty  <b>Fruit or Juice / Milk</b>	16 A. Muffin B. Scramble eggs & Sausage links / WW Tater tots  <b>Fruit or Juice / Milk</b>	17 A. Cold cereal / W Toast B. Corn Meal / WW Bread <b>Fruit or Juice / Milk</b>	18 Turkey ham & white cheese sandwich  <b>Fruit or Juice / Milk</b>
21 <i>Holiday President's Day</i>	22 A. Ham & Cheese Sandwich B. Pancakes Sausage links <b>Fruit or Juice Milk</b>	23 A. Muffin B. Oatmeal / W Bread  <b>Fruit or Juice / Milk</b>	24 A. Cold Cereal / WW Toast B. WW French Toast Sausage links  <b>Fruit or Juice / Milk</b>	25 Sausage Patty W Cheese Sandwich  <b>Fruit or Juice / Milk</b>
28 A. Cold Cereal WW Toast B. Cream of Wheat / W Bread <b>Fruit or Juice / Milk</b>	<i>Happy Valentines</i>			

What Makes A Lunch?  
Select 3-5 Components

MILK	GRAIN	VEG
FRUIT	PROTEIN	BEV

One must be a  
FRUIT OR VEGIE

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