# April Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 5<br>Pepper Steak W.W<br>Oriental Rice<br>Mixed Vegetables<br>Fresh or Canned Fruit<br>Milk | 6<br>Penne Pasta Alfredo/ Garlic Chicken Thighs/ Buttered Broccoli / Fresh or Canned Fruit / Milk | 7<br>Beef Shepherds Pie<br>Green Beans<br>Fresh or Canned Fruit Milk | 8<br>Garden Pork Chops<br>Stew Rice w<br>Pigeon peas<br>Coleslaw / Fresh or Canned Fruit / Milk | 9<br>Meat Lasagna<br>Ripe Plantain<br>Fresh or Canned Fruit<br>Milk |
| 12<br>Chicken Stew / Rice W. Small Red Beans<br>Tomato & corn<br>Fresh or Canned Fruit<br>Milk | 13<br>Skirt Steak/ Mashed Potatoes<br>Buttered broccoli<br>Fresh or Canned Fruit / Milk | 14<br>BBQ Chicken /White Rice /Stew pink beans/Iceberg let. & Tomato / Fresh or Canned Fruit Milk | 15<br>Roasted Beef<br>Mashed Potato<br>Sweet Peas & Carrots<br>Fresh or Canned Fruit | 16<br>Chicken Cordon Bleu<br>Mc & Cheese Pasta<br>Buttered Carrots<br>Fresh or Canned Fruit<br>Milk |
| 19<br>Roasted Turkey WW<br>Mashed Potatoes<br>Tomato & corn<br>Fresh or Canned Fruit<br>Milk | 20<br>Pork Stir Fry/ Rice w Cilantro/ Stew Chickpeas<br>Green Beans<br>Fresh or Canned Fruit Milk | 21<br>Pepper Chicken / White Rice / Stew Pinto Beans<br>Iceberg lettuce<br>Fresh or Canned | 22<br>Meat Loaf/ Fresh Mashed Potatoes<br>Mixed Vegetables<br>Fresh or Canned Fruit<br>Milk | 23<br>Chicken Nuggets/ Mc & Cheese<br>Ripe Plantain<br>Fresh or Canned Fruit<br>Milk |
| 26<br>Teriyaki Chicken Breast / White Rice Pink Bean<br>Buttered Carrots<br>Fresh or Canned Fruit<br>Milk | 27<br>Penne Pasta w Marinara Meat Balls<br>Ripe Plantain<br>Fresh or Canned Fruit Milk | 28<br>Stew Rice w Sausage<br>Stew Pinto Beans<br>Mixed Vegetables<br>Fresh or Canned Fruit | 29<br>Chicken Parmesan w/ Penne Pasta<br>Buttered Corn<br>Fresh or Canned Fruit<br>Milk | 30<br>Beef Stew/White Rice/Stew Chickpeas<br>Coleslaw<br>Fresh or Canned Fruit<br>Milk |

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