

MARCH 2023

CROSSROADS ELEMENTARY SCHOOL

LUNCH



School Information: Menu subject to change upon product availability.
"This institution is an equal opportunity provider."



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

March 6-10 is National School Breakfast Week

School breakfast offers several connections to classroom learning.

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Chicken Nuggets w/ Roll
Grilled Cheese Sandwich
Steamed Broccoli
Seasoned Corn
Applesauce Cup
Milk

Hot Dog w/ Trimmings
Cheese Quesadillas
Oven Fried Tater Tots
Honey Baked Beans
Raisins
Milk

Sloppy Joe on Roll
Chicken Cheese Empanada
Baked Beans
Waffle Fries
Orange Wedges
Milk

Scrambled Eggs
Cheese Quesadillas
Ham
Broccoli Celery Sticks
Apple Blueberry Parfait
Milk

Assorted Pizza
Fish Nuggets
California Blend Vegetables
Seasoned Green Beans
Fruit Cocktail
Milk

Spring Break
No School

Spring Break
No School

Spring Break
No School

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No School

St. Patrick's Day
Spring Break
No School

Grilled Cheese Sandwich
Corn Dog Nuggets
Tomato Basil Soup
Carrots Green Beans
Apple
Milk

Twin Tacos w/ Fixings
Fish Nuggets
Mexicali Corn
Refried Beans
Peach Cup
Milk

Chicken & Waffles
Cheese Quesadillas
Steamed Broccoli
Oven Fried Tater Tots
Apple Slices
Milk

Beefy Cheesy Nachos
Turkey & Cheese Sub
Black Beans
Romaine Spinach Salad
Pineapple
Cookie Milk

Taquitos w/Spanish Rice
Cheese Quesadillas
Winter Blend Vegetables
Veggie Fruit Juice
Fruit Cocktail
Milk

Chicken Nuggets w/Roll
Grilled Cheese Sandwich
Honey Baked Beans
Seasoned Corn
Applesauce Cup
Milk

Cheeseburger on Bun
Spinach Alfredo Pasta
Broccoli
Sweet Potato Tots
Fruit Cocktail
Milk

Chicken Tenders w/Roll
Grilled Cheese Sandwich
Seasoned Green Beans
Mashed Potatoes w/ Gravy
Orange Wedges
Milk

Assorted Pizza
Fish Fillet on Bun
California Blend Vegetables
Waffle Fries
Cranberry Raisins Mix
Milk

PK
Staff Workday
No School