

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger on a Bun ²⁸
 -or- Chicken Patty on a Bun
w/Lettuce and Tomato
 Potato Wedges
 Orange
 Assorted Milk

Chicken Nuggets w/Dip ²⁹
with Whole Grain Roll
 -or- Corn Dog
 California Normandy
 Mixed Fruit
 Assorted Milk

Beef Taco ³⁰
 -or- Chicken Quesadilla
w/Salsa
 Corn Confetti
 Pinto Beans
 Raisins
 Assorted Milk

Pepperoni Pizza ¹
 -or- Cheese Pizza
 Glazed Carrots
 Applesauce
 Assorted Milk

Meatball Sub on a Hoagie²
 -or- Chicken Alfredo
w/Whole Grain Roll
 Broccoli
 Diced Peaches
 Assorted Milk

Chicken Fajita w/Onions and Peppers ⁵
 -or- Soft Taco
 Pinto Beans
 California Normandy Mix
 Banana
 Assorted Milk

Shepard's Pie w/Whole Grain Roll ⁶
 -or- Chicken Patty on a Bun
 Sweet Potato Fries
 Diced Peaches
 Assorted Milk

Chicken & Broccoli ⁷
 -or- Sweet Chili Meatballs
 Whole Grain Rice
 Mixed Vegetables
 Egg Roll
 Mandarin Oranges
 Assorted Milk

Pizza Pocket Sandwich ⁸
 -or- Chef Salad w/Chicken and Breadstick
 Broccoli
 Apple
 Assorted Milk

Ham and Bean Soup w/Crackers ⁹
 -or- Turkey and Cheese on a Hoagie w/Lettuce and Tomato
 Carrot Sticks
 Tater Tots
 Mixed Fruit Assorted Milk

Salisbury Steak ¹²
 -or- Chicken Nuggets w/Dip
 Whole Grain Roll
 Macaroni and Cheese
 Broccoli
 Pear
 Assorted Milk

Cheeseburger on a Bun ¹³
 -or- Hotdog on a Bun
 Baked Beans
 Sunshine Carrots
 Diced Peaches
 Assorted Milk

Roasted Chicken ¹⁴
 Mashed Potatoes w/Gravy
 Dressing
 Whole Grain Roll
 Green Beans
 Fresh Fruit
 Assorted Milk

Pepperoni Pizza ¹⁵
 -or- Cheese Pizza
 Tossed Salad w/Tomato
 Mandarin Oranges
 Assorted Milk

Grilled Cheese ¹⁶
 -or- Fish Nuggets w/Dip & Whole Grain Roll
 Cauliflower
 Tater Tots
 Mixed Fruit
 Assorted Milk

19

NO SCHOOL

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NO SCHOOL

21

NO SCHOOL

22

NO SCHOOL

23

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

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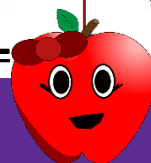
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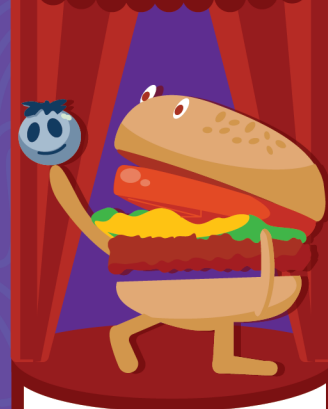
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30

NO SCHOOL



DEC
MENU 2022
GEAR UP FOR
THEATER



ANNOUNCEMENTS:

Meal Price:
 Reduced Price Lunch:
 \$0.40
 Lunch: \$3.00
 Adult Lunch: \$4.80



Pre-K is served White Skim Milk with Lunch.
 High School will offer an additional fresh fruit choice daily at lunch.

We highly encourage ALL families to complete Free/Reduced Meal Applications for SY 22-23!
 Please visit: family.titank12.com to submit your application..

For A la' Carte Purchases and Payments on meal accounts, please send cash or check in a sealed envelope w/ students: First and Last Name, Teacher's Name, and Serving Number.
 Electronic payments can be made by visiting family.titank12.com.