

# FEB

2023

GEAR UP FOR  
**TRACK & FIELD**



**ANNOUNCEMENTS:**

Meal Price:

Reduced Price

Lunch: \$0.40

Lunch: \$3.00

Adult Lunch: \$4.80



Pre-K is served White Skim Milk With Lunch.

## MONDAY

**Cheeseburger on a Bun 30**  
-or- **Chicken Patty on a Bun**  
w/Lettuce and Tomatoes  
Potato Wedges  
Orange  
Assorted Milk

## TUESDAY

**Chicken Nuggets w/Dip 31**  
and **Whole Grain Roll**  
-or- **Corn Dog**  
California Normandy  
Mixed Fruit  
Assorted Milk

## WEDNESDAY

**Beef Taco 1**  
-or- **Chicken Quesadilla**  
Corn Confetti  
Pinto Beans  
Raisins  
Assorted Milk

## THURSDAY

**Pepperoni Pizza 2**  
-or- **Cheese Pizza**  
Glazed Carrots  
Applesauce  
Assorted Milk

## FRIDAY

**Meatball Sub on a Hoagie 3**  
-or- **Chicken Alfredo**  
w/**Whole Grain Roll**  
Broccoli  
Diced Peaches  
Assorted Milk

**Chicken Fajita w/Onions 6**  
and **Peppers**  
-or- **Beef Soft Taco**  
Pinto Beans  
Peas  
Apple  
Assorted Milk

**Corn Dog 7**  
-or- **Chicken Patty on a Bun**  
Sweet Potato Fries  
Pear  
Assorted Milk

**Chicken & Broccoli Bowl 8**  
-or- **Sweet Chili Meatballs**  
Fried Rice  
Mixed Vegetables  
Egg Roll  
Banana  
Assorted Milk

**Pizza Pocket Sandwich 9**  
w/**Broccoli**  
-or- **Chef Salad w/Chicken**  
and **Breadstick**  
Diced Peaches  
Assorted Milk

**Ham and Bean Soup 10**  
w/**Crackers** -or- **Turkey**  
and **Cheese on a Hoagie**  
w/**Lettuce and Tomato**  
Carrot Sticks w/Dip  
Tater Tots Mixed Fruit  
Assorted Milk

**Chicken Nuggets w/Dip 13**  
and **Whole Grain Roll**  
-or- **Cheese Pizza**  
Broccoli  
Pear  
Assorted Milk

**Cheeseburger on a Bun 14**  
-or- **Cheese Pizza**  
Baked Beans  
Sunshine Carrots  
Mixed Fruit  
Assorted Milk  
**Valentine's Day Treat-**  
**Strawberry Ice Cream Cup**



**Spaghetti w/Meat Sauce 15**  
w/**Breadstick**  
-or- **Cheese Pizza**  
Green Beans  
Apple  
Assorted Milk

**Pepperoni Pizza 16**  
-or- **Cheese Pizza**  
Tossed Salad w/Tomato  
Mandarin Oranges  
Assorted Milk

**NO SCHOOL 17**  
  
**PROFESSIONAL LEARNING DAY**

## NO SCHOOL 20



**Chicken Tetrizzini 21**  
-or- **Cheese Pizza**  
Tossed Salad w/Tomato  
Peas and Carrots  
Pear  
Assorted Milk

**Roasted Chicken w/Whole 22**  
**Grain Dinner Roll**  
-or- **Cheese Pizza**  
Mashed Potatoes w/Gravy  
Green Beans  
Banana  
Assorted Milk

**Pizza Pocket Sandwich 23**  
w/**Broccoli**  
-or- **Chef Salad w/Chicken**  
and **Breadstick**  
Apple  
Assorted Milk

**Fish Nuggets w/Dip and 24**  
**Whole Grain Roll** -or-  
**Cheese Pizza**  
Sweet Potato Fries  
Baked Beans  
Tropical Fruit  
Assorted Milk

**Grilled Chicken on a Bun 27**  
w/**Lettuce and Tomato**  
-or- **Cheese Pizza**  
Sweet Potato Fries  
Diced Pears  
Assorted Milk

**Chicken Nuggets w/Dip 28**  
and **Whole Grain Roll**  
-or- **Cheese Pizza**  
California Normandy  
Mixed Fruit  
Assorted Milk

**Beef Taco w/ Salsa 1**  
-or- **Cheese Pizza**  
Corn Confetti  
Pinto Beans  
Raisins  
Assorted Milk

**Pepperoni Pizza 2**  
-or- **Turkey and Cheese**  
**Hoagie w/Lettuce and**  
**Tomato**  
Broccoli  
Diced Peaches  
Assorted Milk

**NO SCHOOL 3**  
  
**PROFESSIONAL LEARNING DAY**



We highly encourage ALL families to complete Free/Reduced Meal Applications for SY 22-23! Please visit: [family.titank12.com](http://family.titank12.com) to submit your application.

This institution is an equal opportunity provider. Menus are subject to change without notice.

The Child Nutrition Department does not accept personal checks. For A' la Carte Purchases and Payments on meal accounts, please send cash in a sealed envelope w/ students: First and Last Name, Teacher's Name, and Serving Number. We are now accepting online payments, please visit [family.titank12.com](http://family.titank12.com) to register your family.