







JANUARY

FORT JACKSON SCHOOLS

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Frost Flakes Cereal Cheese It Crackers Mandarin Oranges 100% Fruit Punch	4 Blueberry Bread Applesauce Grape Juice	5 Oatmeal Graham Crackers Raisins Apple Juice	6 WG Strawberry Pop Tart Diced Pears Orange Juice	7 Sausage Biscuit Pineapple Tidbits Grape Juice
10 Whole Grain Apple Frudel Raisins Grape Juice	11 French Toast Sticks w/Syrup Diced Peaches Orange Pineapple Juice	12 Blueberry Muffin Fresh Pear Apple Juice	13 Chocolate Filled Crescent Red Delicious Apple Orange Juice	14 Cinnamon Toast Applesauce 100% Fruit Punch
17 NO SCHOOL 	18 NO SCHOOL 	19 Yogurt Granola Blueberries Grape Juice	20 Whole Grain Mini Cinni Mixed Fruit Cup Apple Juice	21 Pancakes Sausage Patty Orange Wedges Grape Juice
24 Chocolate Muffin Pineapple Tidbits Apple Juice	25 Honey Nut Cereal Animal Crackers Mixed Fruit Cup 100% Fruit Punch	26 Waffle Wednesday Baked Apples Orange Juice	27 Oatmeal Graham Crackers Raisins Grape Juice	28 Strawberry Cream Cheese Bagel Golden Delicious Apple
31 Lucky Charms Cereal Strawberry Graham Cracker Bites Orange Smiles 100% Fruit Punch				

ALL MEALS SERVED WITH CHOICE OF MILK

MENU SUBJECT TO CHANGE