






SEPTEMBER

FORT JACKSON SCHOOLS

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>ALL CHILDREN EAT FREE FOR THE ENTIRE SCHOOL YEAR!</p>		<p>1 Lucky Charms Cereal Strawberry Graham Cracker Bites Apple 100% Fruit Punch</p>	<p>2 Breakfast Pizza Mixed Fruit 100% Grape Juice</p>	<p>3 Chocolate Muffin Strawberries 100 % Apple Juice</p>
<p>6  Labor Day</p>	<p>7 Chocolate Filled Crescent Sliced Peaches 100% Orange Juice</p>	<p>8 Cinnamon Toast Crunch Cereal Mini Animal Grahams Pear 100% Apple Juice</p>	<p>9 Blueberry Muffin Tropical Fruit Cup 100% Pineapple Orange Juice</p>	<p>10 Mini Pancakes Sliced Peaches 100% Grape Juice</p>
<p>13 Apple Frudel Diced Pears Raisins</p>	<p>14 Whole Grain Biscuit & Sausage Patty Apple Slices 100% Grape Juice</p>	<p>15 Honey Nut Cereal Animal Crackers Banana 100% Orange Juice</p>	<p>16 Yogurt Parfait w/Strawberries 100% Apple Juice</p>	<p>17 Pancake on a Stick w/Syrup Orange Smiles 100% Fruit Punch</p>
<p>20 Whole Grain Donut Fresh Apple 100% Orange Juice</p>	<p>2 French Toast w/Syrup Strawberries 100% Grape juice</p>	<p>22 Frosted Flakes Cereal Cheese It Crackers Orange Smiles 100% Apple Juice</p>	<p>23 Baked Cinnamon Toast Crunch Bar Grapes 100% Fruit Punch</p>	<p>24 NO SCHOOL </p>
<p>27 Whole Grain Strawberry Poptart Applesauce 100% Grape Juice</p>	<p>28 Waffle w/Syrup Sliced Peaches 100% Pineapple Orange Juice</p>	<p>29 WORLD SCHOOL MILK DAY Trix Cereal Cinnamon Mini Grahams Banana 100% Fruit Punch</p>	<p>30 Grape Filled Crescent Fresh Apple 100% Orange Juice</p>	<p>1 Scrambled Eggs Sausage Patty Toasted Muffin Orange Smiles 100% Apple Juice</p>

ALL MEALS SERVED WITH CHOICE OF MILK

MENU SUBJECT TO CHANGE