



Grab and Go FREE Lunch

Fort Knox

March 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets Mashed Potatoes Green Beans Fruit	2 Cheeseburger on a Bun Broccoli Sweet Potato Puffs Fruit	3 Sloppy Joe on a Bun Baked Beans Fruit Goldfish	4 Hot Dog on a Bun Peas and Carrots Fruit Fruit Juice	5 Cheesy Breadsticks with Marinara Sauce Sunshine Carrots Fruit
8 Chicken Fajita Wrap Spanish Rice Refried Beans Fruit	9 Salisbury Steak Macaroni & Cheese Mixed Vegetables Fruit	10 Happy St. Patrick's Day Chicken Pattie on a Bun Roasted Cauliflower Fruit	11 Pancake / Sausage Spinach Salad Fruit	12 Pizza Tater Tots Vegetable with Dip Fruit
15 Chicken Nuggets Mashed Potatoes Green Beans Fruit	16 Chicken Alfredo Dinner Roll Broccoli Fruit / Fruit Juice	17 Beef Nachos Spanish Rice Steamed Corn Fruit	18 Hot Dog on Bun Baked Beans Fruit	19 Pizza Celery Sticks w/Dressing Cheez-it Fruit
22 Chicken Pattie on Bun Sunshine Carrots Fruit	23 BBQ Chicken on Bun Potato Wedges Green Beans Fruit	24 Spaghetti w/ Garlic Bread Broccoli Fruit	25 Cheeseburger on Bun Baked Beans Fruit Fruit Juice	26 Pizza Steamed Corn Fruit Cookie
29 No School Chicken Nuggets , Roll, Vegetable, Fruit, Milk Meal Pick up @ Kingsolver from 10:30 to 12:00 You will receive 2 days Meals	30 No School Corn Dog , Vegetable, Fruit, Milk Meal Pick up @ Kingsolver on March 29th from 10:30 to 12:00	31 Chicken & Waffles Peas and Carrots Fruit Fruit Juice	Daily Pick up on School Days for virtual students at High School from 9:15-9:45 Van Voorhi @ 9:45-10:15 Kingsolver @ 10:00 -10:30	*Menus are Subject to Change This Institution is an Equal Opportunity Employer