



**Grab and Go FREE
Breakfast Fort Knox***



March 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 MARCH Mini French Toast Fruit Fruit Juice Milk	2 IS Pop Tart Fruit Fruit Juice Milk	3 NATIONAL Yogurt with Grahams Fruit Fruit Juice Milk	4 NUTRITION Apple Strudel Fruit Fruit Juice Milk	5 MONTH Cinni Mini Fruit Fruit Juice Milk
8 CELEBRATE Mini Sausage Pancake Bites Fruit Fruit Juice Milk	9 NATIONAL Mini Waffle Bites Fruit Fruit Juice Milk	10 SCHOOL Pancakes Fruit Fruit Juice Milk	11 BREAKFAST Pop Tart Fruit Fruit Juice Milk	12 WEEK Sweetheart Donuts Fruit Fruit Juice Milk
15 Breakfast Muffin Fruit Fruit Juice Milk	16 French Toast Swirl Fruit Fruit Juice Milk	17 Yogurt with Grahams Fruit Fruit Juice Milk	18 Mini Waffle Bites Fruit Fruit Juice Milk	19 Cinnamon Roll Fruit Fruit Juice Milk
22 Apple Strudel Fruit Fruit Juice Milk	23 French Toast Bites Fruit Fruit Juice Milk	24 Breakfast Muffin Fruit Fruit Juice Milk	25 Pop Tart Fruit Fruit Juice Milk	26 Cinni Mini Fruit Fruit Juice Milk
29 No School Cereal, Fruit, Fruit Juice, Milk Meal Pick up @ Kingsolver from 10:30 to 12:00 You will receive 2 days Meals	30 No School Muffin, Fruit, Fruit Juice, Milk Meal Pick up @ Kingsolver on March 20th from 10:30 to 12:00	31 French Toast Swirl Fruit Fruit Juice Milk	Daily Meal pick up on School Days for Virtual students at : High School 9:15 to 9:45 Van Voorhis 9:45 to 10:15 Kingsolver 10:00 to 10:30	*Menus are Subject to Change This Institution is an Equal Opportunity Employer