

October 2021

FORT KNOX SCHOOLS BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



1
Cream Cheese
Bagel
Fresh Apple
100% Fruit Punch
Assorted Milk

4
Apple Frudel
Diced Pears
Raisins
Assorted Milk

5
Pancake on a stick
With Syrup
Pears
Fruit Punch
Asst. Milk

6
NO SCHOOL



7
NO SCHOOL



8
NO SCHOOL



11
NO SCHOOL



12
NO SCHOOL



13
Mini Cinnis
Fruit
Apple Juice
Asst. Milk

14
Breakfast Pizza
Banana
Pineapple
Asst. Milk

15
Donut WG
Diced Pears
Orange Juice
Asst. Milk

18
Strawberry Pop tart
Applesauce
Grape Juice
Asst. Milk

19
Chicken Biscuit
Sliced Peaches
100% Orange Juice
Assorted Milk

20
Mini Pancakes
Raisins
Fresh Pears
Asst. Milk

21
Yogurt w/ Granola
Banana
Mandarin Orange
Asst. Milk

22
Pancake on a Stick
Apple sauce
100% Grape Juice
Assorted Milk

25
Blueberry Muffin
Orange
100% Fruit Juice
Assorted Milk

26
French Toast Sticks
Diced Pears
100% Apple Juice
Assorted Milk

27
Breakfast Pizza
Apple slices
Pineapple
Assorted Milk

28
Goopy Donut WG
Diced Pears
Orange Juice
Asst. Milk

29
NO SCHOOL

To qualify for any benefits such as P-EBT Program, Waived ACT Testing Fees, etc., your family must have an up-to-date Meal application on file. Fill out a Meal Application for SY 2021/22 online at: www.lunchapplication.com

Fort Knox Schools will be offering **FREE Breakfast and Lunch to ALL CHILDREN**

Meal Pick up
On School days meals for your children at home can be picked up at the **Following locations**
Kingolsver
Van Voorhis
From 10:00 to 10:30

Menu is subject to change without notice

This institution is an Equal Opportunity