

FEBRUARY 2023

FORT KNOX SCHOOLS

BREAKFAST



To qualify for any benefits such as waived ACT testing fees, etc., your family must have an up-to-date meal application on file. Fill out a Meal Application at <https://family.titank12.com>



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



MONDAY

Student Meal Price:
Full Price: \$2.00
Reduce: \$.30
Adult Price: \$3.10

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Pancakes w/Syrup **6**
Orange Wedges
100% Fruit Punch
Assorted Milk

Sausage Biscuit **7**
Mixed Fruit
Grape Juice
Assorted Milk

Carmel Apple Parfait w/Granola **8**
Craisins
Banana
Assorted Milk

Cinnamon Roll **9**
Strawberry Cup
Orange Juice
Assorted Milk

Pop Tarts **10**
Diced Peaches
Apple Juice
Assorted Milk

Pancake Sausage Wrap w/Syrup **13**
Apple
Orange Juice
Assorted Milk

Valentine's Day Super Donut **14**
Fresh Pear
100% Fruit Punch
Assorted Milk

Breakfast Pizza **15**
Fruit Cocktail
Apple Juice
Assorted Milk

French Toast Sticks w/Syrup **16**
Diced Pears
Grape Juice
Assorted Milk

NO SCHOOL **17**

PRESIDENT'S DAY **20**
NO SCHOOL

Blueberry Scone **21**
Apple Slices
Orange Juice
Assorted Milk

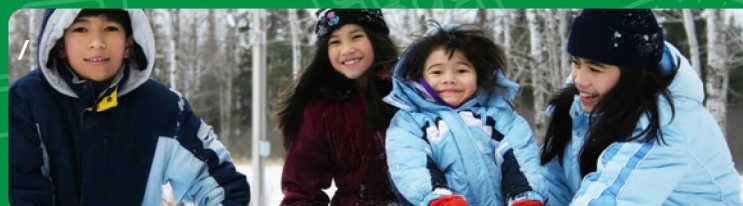
Scrambled Eggs w/Toast **22**
Orange Wedges
100% Fruit punch
Assorted Milk

Belgian Waffle w/Syrup **23**
Blueberries
Apple Juice
Assorted Milk

Apple Frudel **24**
Banana
Grape Juice
Assorted Milk

Pancakes w/Syrup **27**
Apple
100% Fruit Punch
Assorted Milk

Mini Cinni **28**
Mixed Fruit
Orange Juice
Assorted Milk



Menus are subject to change without prior notice. This institution is an equal opportunity provider.