



# Ellis D. Parker Elementary School



## March 1-26, 2021 Breakfast Menu

March is National Nutrition Month! To learn about each week's theme, go to [eatright.org/food/resources/national-nutrition-month](http://eatright.org/food/resources/national-nutrition-month).

Monday	Tuesday	Wednesday	Thursday	Friday
<b>March 1</b> <b>Whole Grain Strawberry Poptart</b> Applesauce 100% Grape Juice 1% White Milk	<b>March 2</b> <b>Chicken Biscuit</b> Sliced Peaches 100% Orange Juice 1% White Milk 	<b>March 3</b> <b>Whole Grain Mini Cinni</b> Raisins 100% Fruit Punch 1% White Milk	<b>March 4</b> <b>Sausage, Egg, &amp; Cheese Sandwich</b> Pear 100% Apple Juice 1% White Milk	<b>March 5</b> <b>Pancake on a Stick</b> Mixed Fruit 100% OJ Juice 1% White Milk
<b>NATIONAL SCHOOL BREAKFAST WEEK!</b>				
<b>March 8</b> <b>Blueberry Muffin</b> Orange Smiles 100% Fruit Punch 1% White Milk	<b>March 9</b> <b>French Toast Sticks</b> Diced Peaches 100% Apple Juice 1% White Milk	<b>March 10</b> <b>Breakfast Pizza</b> Apple Slices Mandarin Oranges 1% White Milk	<b>March 11</b> <b>Mini Blueberry Waffle</b> Orange 100% Grape Juice 1% White Milk	<b>March 12</b> <b>Yogurt &amp; Granola</b> Raisins 100% Fruit Juice 1% White Milk
<b>March 15</b> <b>Whole Grain Biscuit &amp; Sausage Patty</b> Fruit Cup 100% Grape Juice 1% White Milk	<b>March 16</b> <b>Whole Grain Cinnamon Poptart</b> Fruit Cup 100% OJ Juice 1% White Milk	<b>March 17</b> <b>Sausage, Egg, &amp; Cheese Sandwich</b> Pear 100% Apple Juice 1% White Milk	<b>March 1</b> <b>Sausage Pancake Bites</b> Fruit Cup 100% Fruit Juice 1% White Milk	<b>March 19</b> <b>Strawberry Cream Cheese Bagel</b> Golden Delicious Apple 100% Fruit Punch 1% White Milk
<b>March 22</b> <b>Apple Frudel</b> Diced Peaches 100% Fruit Juice 1% White Milk	<b>March 23</b> <b>English Muffin w/Egg</b> Sliced Peaches 100% Apple Juice 1% White Milk	<b>March 24</b> <b>Chicken Biscuit</b> Sliced Peaches 100% Apple Juice 1% White Milk	<b>March 25</b> <b>Mini Blueberry Waffle</b> Mixed Fruit 100% OJ Juice 1% White Milk	<b>March 26</b> <u>Meal Provided on 3/25</u> <b>Cinnamon Toast Crunch</b> Fruit Cup 100% Fruit Punch 1% White Milk

Menu is subject to change

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