

Ansbach Middle High School
Unit 28715 Box 6503
APO, AE 09177
DSN: 467-2808
CIV: 09802-83-2808

June 3, 2019
Issue 18



Cougars Bi-Weekly Bulletin

Assistant Principal's Note

Well it is hard to believe that we have finally arrived to the end of the 2018-2019 school year! I must say that it has been an AMAZING year full of academic, athletic, character building achievements. Our little piece of Cougar Country did great things this year. All of it was made possible because of the commitment of our teachers and your dedication as parents to excellence and learning.

As we move forward, we will be having our own hail and farewell. We would like to welcome the incoming 5th graders from Ansbach Elementary School as they begin their middle school journey. They will be touring the school, meeting teachers, and having a sneak peak of what is to come on June 10th. We will also be saying goodbye to thirteen graduating seniors. These students have performed and met the expectations for graduation as set by the Department of Defense Educational Activities. We would like to congratulate them on their accomplishments and achievements.

On the note of achievements, we held our high school award ceremony today and will be having the middle school award ceremony on Thursday, June 13th. Our students worked really hard this year and the best time of the year is being able to celebrate and recognize their hard work. Please be sure to check your email as all of the pertinent information regarding time and location will follow.

As we move into summer, I would like to encourage you to continue the learning. Have your students read, talk about the global events and occurrences, but most of all stay plugged into the community. Please feel free to speak to your teachers regarding recommendations of online resources for advancement or maintenance. Take lots of pictures as you embark on your summer adventures and please remember to share it when you return.

Thank you once again and we hope you have a safe, fun filled, memorable summer!

In service,
Mrs. Quinones-Quinland

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Important Dates

- June 12— Field Day
- June 13— Last day! Early Dismissal at 11:00 a.m.

Our vision: Ansbach Middle School is committed to insuring that all students will be able to function independently in an increasingly global and diverse world. **LITERACY GOAL:** The percentage of students at each grade level who are reading below grade level will decrease by 5%. Results of SRI administered in September 2017 will be compared with results of SRI administered in May 2018. **COLLABORATION GOAL:** Collaborative teams at Ansbach Middle High School will demonstrate improved competency in adopting collaborative norms and examining student work once a month as measured by the DoDEA Europe East Collaboration Rubric.

Nurse's Nook



Carrie Vales, BSN, RN
Nurse, AMHS
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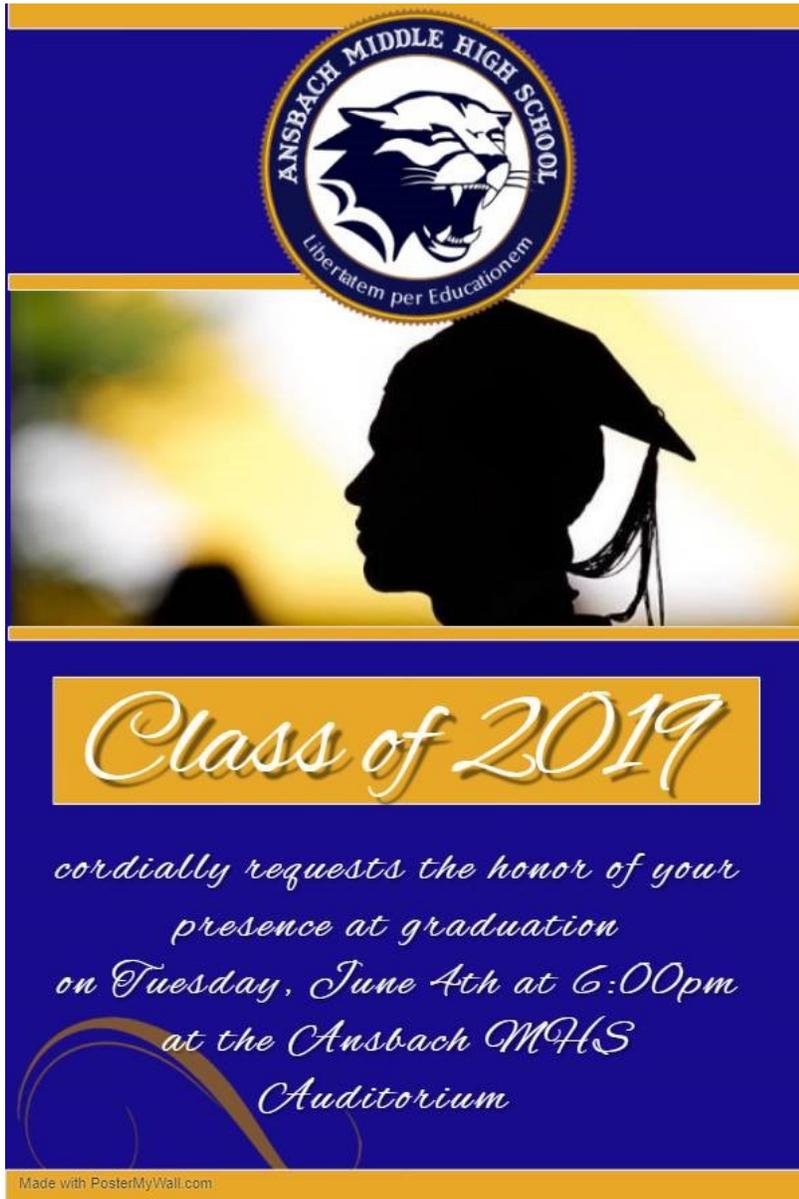
END OF YEAR MEDICATION REMINDER

Please pick up any unused medication(s) that your child has in the school office by June 11th. The school cannot store medication in the office over the summer and unclaimed medications will be brought to the clinic for proper disposal. NOTE: This also includes epi-pens and inhalers.

Remember, if your child needs any medication(s) during the school day, including all over-the-counter medications, such as Tylenol, Benadryl, and Advil, a new medication authorization form must be completed and signed by both a physician and the parent/guardian each school year. These forms are available in the school office. In addition, the medication must be brought to school in the original container, properly labeled with the student's name.

Thank you for your cooperation in maintaining a safe environment for our students. If you have any questions or concerns, please contact the school nurse.

Graduation and Upcoming Events



Middle School Awards Ceremony will be held on Thursday, June 13th at 10:00 a.m.

We look forward to seeing you at the awards ceremony!

Dismissal is at 11:00 a.m. on Thursday, June 13th.

PTSO: Looking for parents to join for the 19-20 school year. More information will be coming soon!

Important Info

- Students will no longer be receiving paper copies of their report cards. However, we would be happy to provide copies upon request.
- For the most up to date information, check your student's Gradespeed account. For questions, contact the main office.
- Both Ansbach Elementary and Middle High School are on an early release schedule every Thursday this school year- AES will be dismissing students at 1:30 p.m.; AMHS will be dismissing students at 1:45 p.m.

2018-2019 Student Handbook

Please click on the following hyperlink for a complete copy of the [2018-2019 Student Handbook](#).



Ansbach MHS Calendar

Ansbach Google Public Calendar

Today June 2019

Print Week Month Agenda

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	Jun 1
	8am No School- Memorial Day: Fede		1:45pm JROTC Vets Brief 3:30pm JROTC Promotion Ceremony	8am JROTC Essential Skills Day 1:45pm Early Release @ 1:45PM	8:30am No School for Students-Teach	
2	3	4	5	6	7	8
	8:30am High School Awards Assembl	6pm Ansbach MHS Graduation	JROTC D-Day Trip	1:45pm Early Release @ 1:45PM		
9	10	11	12	13	14	15
JROTC D-Day Trip			12pm MS Field Day	End of Fourth Quarter and Second 9am Middle School Awards Assembly 11am Early Release @ 1100	8am No School for Students - Teache	
16	17	18	19	20	21	22
	Summer Break until August 26					

Click the following link for an up-to-date full, active school calendar: [Ansbach MHS Google Calendar](#)

Check us out on Facebook

Check upcoming events on the Facebook school calendar by clicking the following link: <https://goo.gl/6CPBVq>

Stay up to date with everything Ansbach MHS! For more information, including upcoming events, days off, photos and more, follow the school by clicking the following link: [Ansbach MHS Google Calendar](#)



AMHS Block Schedule Bell Times

Blue	
Period One	08:20-09:48
BREAK	09:48-10:00
Period Two	10:00-11:27
LUNCH	11:27-12:01
Period Three	12:01-13:28
Period Four	13:32-15:00

Gold	
Period Five	08:20-09:48
BREAK	09:48-10:00
Period Six	10:00-11:27
LUNCH	11:27-12:01
Period Seven	12:01-13:28
Seminars A&B	13:32-15:00

Red	
Period One	08:20-8:59
Period Two	09:03-09:42
Period Three	09:48-10:27
Period Four	10:31-11:10
Period Five	11:14-11:53
LUNCH	11:53-12:23
Period Six	12:23-13:02
Period Seven	13:06-13:45

2018-2019

AMHS Block Schedule

November '18						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December '18						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January '19						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February '19						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March '19						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April '19						
S	M	T	W	T	F	S
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21	22	23	24	25	26	27
28	29	30				

May '19						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

June '19						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Blue Days: Periods 1—4

Gold Days: Periods 5—Seminar

Red Days: Periods 1—7

Black Days: Federal Holidays

Purple Days: No School— teacher training, prof development, etc.

Green Days: Holiday Breaks

Ansbach Middle High School 2018 - 2019 Academic Calendar

- 24 Sneak Peak 10:00 AM-12:00 PM
- 27 First Day of School for Grades 6-12
- 20-24 Bus passes available for pick up at AMHS bus office
- 22-23 **NO SCHOOL for students - Teacher's CCRS Training Day**

AUGUST 2018						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2018						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- 3 **NO SCHOOL - Labor Day - Federal Holiday**
- 7 Last Day to Add/Drop Classes
- 13 Open House 5:30-6:00 PM
- 24 Student Early Release at 11:00 AM - DoDEA Mandated Training
- 28 **NO SCHOOL for students - Quarter 1 CCR Professional Development Days + Mid-Quarter Progress Update**

- 8 **NO SCHOOL - Columbus Day Federal Holiday**
- 8-12 Fire Safety Week
- 10 PSAT's Grades 8-11
- 19 **NO SCHOOL for students - Teacher Professional Development**
- 22-31 Red Ribbon Week

OCTOBER 2018						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER 2018						
S	M	T	W	Th	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- 1 End of First Quarter - 46 days of classroom instruction
- 1 JROTC Promotion Ceremony- 5:30 PM
- 2 **NO SCHOOL for students - Teacher Work Day**
- 5 Begin 2nd Quarter
- 12 **NO SCHOOL - Veterans Day - Federal Holiday**
- 16 **NO SCHOOL for students - (Parent/Teachers Conferences)**
- 22-23 **NO SCHOOL - Thanksgiving - Federal Holiday**
- 30 **NO SCHOOL for students - Quarter 2 CCR Professional Development Day + 1st Quarter Report Card Distribution**

- 1 SAT's- 07:45AM
- 6 JROTC Dining-In
- 7 Mid-Quarter Progress Update
- 8 ACT's - 07:45AM
- 11 Accelerated Withdrawal
- 17-31 **NO SCHOOL - Winter Break**
- 25 Christmas Day - Federal Holiday

DECEMBER 2018						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY 2019						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 1 **NO SCHOOL - New Year's Day**
- 2 Instruction Resumes
- 21 **NO SCHOOL - M.L. King Jr. Day Federal Holiday**
- 24 End of Second Quarter and First Semester - 41 days of Classroom instruction
- 25 **NO SCHOOL for students - Teacher Work Day**
- 29 Begin 3rd Quarter & 2nd Semester

- 1 **NO SCHOOL for students - Quarter 3 CCR Professional Development Day**
- 18 **NO SCHOOL - President's Day Federal Holiday**

FEBRUARY 2019						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH 2019						
S	M	T	W	Th	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 1 Mid-Quarter Progress Update
- 4-8 Harry Potter Week
- 9 SAT's - 07:45AM
- 15 **NO SCHOOL for students - Teacher Work Day**

- 4 End of 3rd Quarter
- 5 **NO SCHOOL for students - Teacher Professional Work Day**
- 8-12 **NO SCHOOL - Begin Spring Recess**
- 15 Instruction Resumes - Begin Quarter 4
- 29 **NO SCHOOL for students - (Parent/Teachers Conferences)**

APRIL 2019						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2019						
S	M	T	W	Th	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 4 SAT's- 07:45AM
- 10 May Mid-Quarter Progress Update
- 16 Accelerated Withdrawal
- 27 **NO SCHOOL - Memorial Day - Federal Holiday**
- 31 **NO SCHOOL for Students - Quarter 4 CCR Professional Development Day**

- 12 Field Day
- 13 Last day for students + **Early Dismissal 11:00 AM + End of 4th Quarter**
- 14 **NO SCHOOL for Students - Teacher Work Day**

JUNE 2019						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- KEY**
- Early Release @ 11 AM
 - Early Release @ 13:45PM (Thursdays)
 - No School



SCHOOL NUMBERS:
CIV 09802-83-2808
DSN 467-2808

SCHOOL HOURS:
0820-1500 - Student Day M, Tu, W, & F
0820-1345 - Student Early Release Thursdays

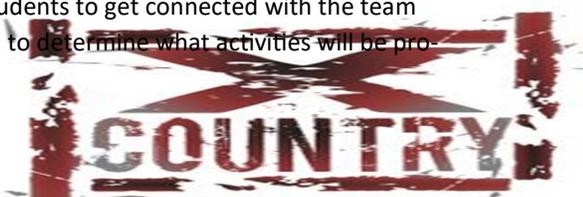
0700-1600 - Office

Summer Sports Information

Cross Country

Sports Physicals for School Year 2019-2020-It is that time again! All High School students participating on any Athletic Team must have a current Sports (Medical) Physical on file with the School Nurse. The Physical is only good for ONE year, and must be renewed annually. Students must have the physical turned in before they can practice or compete. This includes the Spring Training that starts on Monday, June 3, 2019 after school.

Ansbach Athletics Spring Training 2019-The Fall Season is quickly approaching. DoDEA-Europe provides time in June for Coaches to initiate their programs and give a chance for the students to get connected with the team before Summer Break. Students should contact the respective coaches, to determine what activities will be provided on the mandated dates.



STUDENTS MUST HAVE A CURRENT PHYSICAL TO PARTICIPATE.

CROSS COUNTRY is open to all CURRENT 6th-11th Graders.
Afternoon ACTIVITY BUSES will be provided after practice for participating athletes.

Spring Training for Cross Country is listed below.

June 3, Monday, 1500-1715
Cross Country (Coach Daniels)

June 5, Wednesday, 1500-1715
Cross Country (Coach Daniels)

June 10, Monday, 1500-1715
Cross Country (Coach Daniels)

June 12, Wednesday, 1500-1715
Cross Country (Coach Daniels)

More Information on Ansbach Cougar Summer Conditioning will be coming soon.
Summer Conditioning is open to all current 8-11th graders this summer, who have a current physical on file.

Please e-mail me at Shannon.daniels@eu.dodea.edu if you have ANY questions. Go Cougars!
Thank you,
Coach Daniels

Volleyball

Volleyball Practice will be held after school on the next two Mondays and Wednesdays. (June 3, 5, 10, 12) Players must have a current physical to participate.

4 E-Z STEPS

To Setting Up A School Lunch Account

PLEASE NOTE:

A NEW APPLICATION* IS REQUIRED EVERY YEAR.

Returning Student? Jump to #3!



4 E-Z STEPS

1 REGISTER EACH STUDENT
Obtain DoDEA student ID # for each student

2 SET UP LUNCH ACCOUNT @ THE EXCHANGE

3 SET UP A MYPAYMENTSPLUS ACCOUNT

4 APPLY ONLINE
for Free/Reduced Meals

1 REGISTER EACH STUDENT

- Obtain a 10-digit DoDEA student ID# for all children, (mandatory for all Sure Start students) from the school registrar.
- You will need each student's ID# for Step 2

2. SET UP A LUNCH ACCOUNT WITH AAFES EXCHANGE

- Visit your AAFES EXCHANGE Customer Service center to set up an account for EACH STUDENT.
- A 6 digit pin number will be assigned for your child to use to deduct cost of meals, ala carte items and beverages.

ALL STUDENTS, even those eligible for Free & Reduced price meals & Sure Start, need a LUNCH ACCOUNT.

3. SET UP AN ACCOUNT THROUGH MYPAYMENTSPLUS (MPP)

- MPP charges a 4.75% management fee for all deposits made online or on the mobile app.**
- Deposits made at the AAFES EXCHANGE or school cafeteria are FREE.**
- NEW STUDENTS:** To create a new account, visit www.MyPaymentsPlus.com. Follow the onscreen directions and register your student(s) using their Student ID number(s). You can have multiple students on one MPP account.

RETURNING & NEW STUDENTS:

- Deposit into the School Meal Program meal account for school meals.
- Deposit into the General account for a la carte food/beverages.
- With MPP You Can:
 - View student cafeteria balances anytime, from anywhere.
 - See what your child is purchasing in cafeteria.
 - Set up alerts so you know when the balance is low.
 - Make payments to your student's cafeteria account online or with the MyPaymentsPlus mobile app.

4. APPLY ONLINE FOR FREE OR REDUCED LUNCHES*

- You only need one (1) application per household. Please include ALL students on one application (mandatory for all Sure Start students).
- Duplicate applications can and do result in significantly longer processing time and possible denial of benefits.
- Paper applications are no longer available. Parents/guardians must apply online for benefits.
- Apply at: <https://freeandredapp.aafes.com/>.
- Use your phone to scan this QR Code for a more convenient way to apply!



APPLY HERE

www.freeit.com



SPECIAL DIETARY NEEDS?

Provide a doctor's letter to the school nurse regarding any special dietary needs or food allergies for menu substitutions as required.

Sign up today to enjoy healthy & TASTY lunch choices!