

In addition to the symptoms of COVID-19, students/staff will go to the Nurse's Office, be sent home, or remain home while feeling unwell for all of the same reasons they have in previous years.

What are the rules for students/staff returning to school?

WHEN SICK:

1. The nurse will assess the student/staff for possible signs and symptoms of COVID-19.
2. If the student/staff is not showing any of those signs and symptoms, the student/staff will be sent home and can return to school after 24 hours of being symptom-free.
3. If a student/staff is showing possible signs or symptoms of COVID-19, the student/staff will be sent home and the parents/staff will be instructed to contact their healthcare provider or the Nurse Advice Line for follow-up instructions.
4. The student/staff can return to school after **24 hours** of being symptom-free (without fever reducing medications) **with a note from the healthcare provider** that the student/staff's symptoms are not indicative of COVID-19. **ANY INDIVIDUAL tested for COVID-19 will be required to ROM for 10 days and be symptom free for 24 hours regardless of +/- results.**
5. If the student/staff is **not seen by a healthcare provider**, the student/staff can return to school after **10 days to include 72 hours** of being symptom-free (without fever reducing medications).
6. Siblings/relatives of students/staff who are sent home with possible signs or symptoms of COVID-19 will also be sent home. They will be permitted to return to school when the symptom-presenting student/staff is cleared to return or with a note from their healthcare provider.

TRAVEL:

7. NSA Bahrain Base Access Guidance Restriction of Movement (ROM) requirements for travel returning to Bahrain is now 10 days (no base/school access) and a second negative COVID test result on day 10.

Adapted from: [DoDEA COVID-19 Operational Guidelines and Protocols for Schools](#). NAVADMIN 266/20 and NSA Bahrain requirements UPDATED 11-1-2020. This list is not all inclusive. See School Nurse or NSA Bahrain Branch Health Clinic for your family's individual situation.

Possible signs and symptoms of COVID-19

- NEW uncontrolled cough that causes difficulty breathing (for individuals with chronic allergic/asthmatic cough, a change in their cough from baseline)
- NEW onset of severe headache, especially with fever
- Fever (temperature of 99.5 or higher OR IAW host nation policy)
- Signs of fever (chills, feeling very warm, flushed appearance/sweating)
- Sore Throat
- Diarrhea, vomiting, or abdominal pain
- Sudden change in taste or smell