SAFE PRACTICE REFRESHER

AUGUST

OCTOBER

MARCH

JUNE 7
Cover your Snout
Six feet from head to head.

Over 15 minutes, 3 feet with masks.
Greeting my teachers & friends

A COVID-19 related story

When I’m at school I usually greet my friends and teachers.
Wash Your Hands!

1. Wet
2. Get Soap
3. Scrub
4. Rinse
5. Dry

Hands that look clean can still have icky germs!

www.cdc.gov/handwashing
Coronavirus can make people get sick.

In school, we will not touch each other during greetings. This will help prevent us from getting sick.
Another way to greet without touching is to say “namaste”. People do this a lot in yoga.

There is no touch at all in those greetings.
There are also some greetings where we touch a little bit, but not with our hands.

We can greet with a hip bump.
We can also do an elbow bump!

Or, we can do a foot bump.
Greeting each other at school is going to look a little bit different this year. But, it will be fun to learn new ways to greet each other!
Choose Your Greeting

- wave
- spirit fingers
- namaste
- curtsy
- wink
- air hug
- bow
- hat tip
Choose Your Greeting

foot bump

Elbow Bump

hip bump
Don’t Forget!

Bring your water bottle every day!
PLEASE BE SURE TO LABEL YOUR WATER BOTTLES!!

Name
WATER BOTTLE FILLING STATION