

MC Perry Elementary

January 10, 2020

Matthew C. Perry Elementary School
Ms. Kerry Weidler, Principal



M.C. Perry ES Purpose Statement

The purpose of our school is to empower students to achieve excellence in scholarship, character, and citizenship through collaborative and independent lifelong learning in a global community.

Attachments:

- Principal's Corner**
- Nurse's Notes**
- Math Chat Flyer**
- Yearbook**
- January Lunch Menu**
- Smart Girls Party**

UPCOMING DATES TO REMEMBER

- Wednesday, January 15th—SAC Meeting (School Advisory Board)@3:00pm**
- Monday, January 20th—M.L. King Jr- Federal Holiday- No School**
- Thursday, January 23th - End of 2ND Quarter**
- Friday, January 24th- Teacher Work Day- No School**

MC PERRY ELEMENTARY

Dear Samurai Families,

The best part of my day is arrival time. It is such a joy to welcome our youngest learners to school! They are so enthusiastic about being here, and that spirit is contagious! Thank you so much for your consideration and cooperation as we have adjusted our drop-off procedures for our youngest children. We would appreciate your help with the following:

Please pull forward to the farthest staff member available. This prevents the line from stretching back toward the marked parking spots.

Please remember that on MCAS Iwakuni, the only authorized parking spot is a marked parking spot. There is no parking on the drive in front of our school.

Please drop your child off at the sidewalk, not across the drive.

If your child is not in PSCD, Sure Start, or Kindergarten, please drop off behind the school. The front drive is for our students who require hand-to-hand support.

For all parents, if your child is tardy, please park in a designated parking spot. You may find parking spots in front of Iwakuni Elementary School and in the parking garage behind the school.

With Perry Pride,
Kerry Weidler
Principal
MC Perry ES



Nurse's Notes January 2020

HAPPY NEW YEAR!

Cold and flu season is HERE! What can you do to protect yourself and your family? The Center for Disease Control (CDC) offers these tips:

Take everyday preventative actions to reduce the spread of germs. These are good measures to share with your children:

- ***Wash your hands often with soap and warm water.*** This is especially important after coughing or sneezing.
- ***Cough or sneeze into your arm to prevent germs from reaching your hands.*** If you are not near soap and water, you can use an alcohol-based hand sanitizer.
- ***Avoid touching your mouth, eyes or nose.*** These are great avenues for the spread of germs.
- ***Avoid spending time with people who are sick.*** If you get sick with the flu, do not go to work or to school. While you are sick, do not go near others to avoid spreading the flu.
- ***Practice other good health habits.*** Clean and disinfect frequently touched surfaces at home and work, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

If your child becomes sick, DoDEA has specific guidelines for when your child may return to school:

- If your child has had vomiting or diarrhea, they may not return to school until they are symptom-free for 24 hours without the use of medications to stop the symptoms.
- If your child has had a fever (100 degrees or higher,) they may not return to school until they are fever-free for 24 hours WITHOUT the use of fever-reducing medications.

These DoDEA policies are in place to allow your child to rest and recover AND to prevent the spread of disease to other students and staff.

Stay healthy,

Nurse McCoy
Deborah McCoy RN CES
MC Perry ES Nurse

Math Chat



Help your child go beyond memorization of basic math facts! **TALK** about the **strategies** that can be used to add and subtract more **EFFICIENTLY**. Can your child explain each strategy?

First five **ADDITION STRATEGIES** in a nutshell!

Add Zero Facts – When you add 0 to any number, the answer will always be the other number, or addend. (K-2nd)

$0 + 1, 2 + 0, 3 + 0, 0 + 4$, etc.

Add One Facts – When you add 1 to a number, the sum is always the next number in counting order. (K-2nd)

$4 + 1, 1 + 7, 3 + 1, 9 + 1$, etc.

Count On Facts – Count on when you add 2 or 3 to a number. Count on from the **BIGGER** amount. Example: For $2 + 5$, say 5, then count on two more 6, 7. (K-2nd)

$3 + 2, 6 + 3$, etc.

Make Ten Facts – These pairs of numbers make a sum of 10. (1st-2nd)

***This is important for future math learning. Ten is a “benchmark” number. Students should be able to quickly recall these pairs.**

$0 + 10, 1 + 9, 2 + 8, 3 + 7, 4 + 6, 5 + 5$

Add Ten Facts – When adding 10 to a single-digit number, the sum is always a teen number. (2nd)

$10 + 2, 4 + 10, 9 + 10$, etc.

Watch for the other four Addition Strategies in the next MCPES newsletter! Questions? Contact Mrs. Whiteside, MCPES Math Support.

Capture Your Memories in This Year's M.C. Perry Elementary School Yearbook



Customize Your 2 Free Pages

- Add photos from your computer, Facebook, Instagram, Google Drive & more.
- Answer fun Memory Questions to help remember the year.
- The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to www.treering.com/validate
- 2 Enter your school's passcode:
1015447692864006

Regular Price: **\$14.23**

*Does not include sales tax, if applicable

Deadline: **Apr 9**

TreeRing



January 2020

LUNCH

REGION: JAPAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p><u>Chicken Drumstick w/Dinner Roll</u> Broccoli/Cheese Soup w/Garlic Baguette (V)</p> <p>Mini Corn Dogs</p> <p><u>Seasoned Peas & Carrots</u> Baked Beans <u>Orange Smiles</u> Cinnamon Applesauce Milk</p>	<p>7</p> <p><u>Beef or Pork Street Tacos</u></p> <p>Beef Taco Salad (V Avail.)</p> <p><u>Tomato Side Salad</u></p> <p>Zesty Coleslaw <u>Fresh Banana</u> Grape Cup Milk</p>	<p>8</p> <p>ES: Ham & Cheese PUB</p> <p>Italian Meatball Sub MS/HS: Mediterranean Chicken Bowl ALL: BBQ Chicken <u>Pizza/Cheese Pizza (V)</u> Baby Carrots <u>Parmesan Broccoli</u> Mandarin Orange Cup <u>Applesauce w/Granola</u> Milk</p>	<p>9</p> <p><u>Chicken Sausage on Slider Bun</u> Market Salad w/Cornbread (V Avail.)</p> <p>Grilled Cheese</p> <p>Cherry Tomato Dippers <u>Sweet Potato Fries</u> Rainbow Fruit Cup <u>Pineapple Tidbits</u> Milk</p>	<p>10</p> <p><u>Fish Sticks w/ Mac Cheese</u> BBQ Bacon Burger *Cheese Optional Chef Salad w/Dinner Roll (V Avail.)</p> <p><u>Seasoned Corn</u> Oven Baked French Fries Seasonal Fruit <u>Peach Cup</u> Milk</p>
<p>13</p> <p><u>Cheese Breadsticks w/Marinara (V)</u></p> <p>Buffalo Chicken Wings Chef Salad (V Avail.) w/Dinner Roll</p> <p><u>Celery & Cherry Tomato Dippers</u></p> <p>Seasoned Green Peas <u>Orange Smiles</u> Cinnamon Applesauce Milk</p>	<p>14</p> <p>ES: <u>Tenders & Taters Bowl w/Gravy</u> Broccoli/Cheese Soup w/Garlic Baguette (V) MS/HS: BYO Chipotle-Style Rice Bowl (Kid's Choice Pork or Chicken) ALL: Grilled Chicken Salad w/Dinner Roll (V Avail.) Ranchero Beans <u>Seasoned Corn</u> <u>Fresh Banana/ Grape Cup</u> Milk</p>	<p>15</p> <p>ES: Pepperoni Pizza PUB Chicken Alfredo w/Garlic Baguette MS/HS: Italian Chicken Quesadilla ALL: <u>Pepperoni Pizza / Cheese Pizza</u></p> <p>Dark Greens Side Salad <u>Italian Green Beans</u> <u>Mandarin Orange Cup</u> Applesauce w/Granola Milk</p>	<p>16</p> <p><u>Mini Blueberry Pancakes w/Sausage</u></p> <p>Bacon & Egg English Muffin Market Salad w/Cornbread (V Avail.)</p> <p>Sliced Cucumber</p> <p><u>Honey Glazed Carrots</u> <u>Rainbow Fruit Cup</u> Pineapple Tidbits Milk</p>	<p>17</p> <p><u>Hamburger/ Cheeseburger</u></p> <p>BBQ Chicken Bacon Burger Grilled Chicken Salad w/Garlic Baguette (V Avail.)</p> <p><u>Oven Baked French Fries</u></p> <p>Cherry Tomatoes Seasonal Fruit <u>Peach Cup</u> Milk</p>
<p>20</p> <p><u>Chicken Nuggets w/ Dinner Roll</u></p> <p>Beef Fingers w/ Gravy Crispy Chicken Nugget Salad (V Avail.) Cornbread</p> <p>Baby Carrots <u>Mashed Potatoes w/Gravy</u> Orange Smiles <u>Cinnamon Applesauce</u> Milk</p>	<p>21</p> <p><u>Cheese Nachos (V)</u></p> <p>BYO Nacho Bar (Kid's Choice Beef or Chicken)</p> <p>Chicken Taco Salad Tortilla Chips Cherry Tomato Dippers <u>Ranchero Beans</u> <u>Fresh Banana/ Grape Cup</u> Milk</p>	<p>22</p> <p>ES: Pineapple/ Ham Pizza PUB</p> <p>Meats Pizza/ <u>Cheese Pizza (V)</u></p> <p>MS/HS: Grilled Chicken Salad</p> <p>ALL: Spaghetti & Meatballs w/ Garlic Baguette (V Avail.) Sliced Cucumbers <u>Parmesan Broccoli</u> Rainbow Fruit Cup <u>Pineapple Tidbits</u> Milk</p>	<p>23</p> <p><u>Hunan Chicken Bowl</u></p> <p>Asian Salad (V Avail.)</p> <p>Sliced Beef Pho</p> <p><u>Dark Green Side Salad</u> Baked Beans <u>Applesauce w/Granola</u> Mandarin Orange Cup Milk</p>	<p>24</p> <p><u>Hamburger/ Cheeseburger</u></p> <p>Fish Tacos SW Chicken Salad w/ Tortilla Chips (V Avail.)</p> <p>Zesty Coleslaw <u>Sweet Potato Fries</u> Seasonal Fruit <u>Peach Cup</u> Milk</p>
<p>27</p> <p><u>Chicken & Waffles</u> BBQ Chicken Wings w/ Cornbread Cheese Breadsticks w/ Marinara Sauce (V)</p> <p>Cucumber & Tomatoes</p> <p><u>Mashed Potatoes</u> <u>Orange Smiles</u> Cinnamon Applesauce Milk</p>	<p>28</p> <p>ES: <u>Mini Corn Dogs</u> Broccoli/Cheese Soup w/Garlic Baguette (V) MS/HS: BYO Chipotle-Style Rice Bowl (Kid's Choice Beef or Chicken) ALL: Market Salad w/Cornbread (V Avail.) <u>Ranchero Beans</u> Mexican Street Corn <u>Fresh Banana/ Grape Cup</u> Milk</p>	<p>29</p> <p><u>Hamburger Pizza/ Cheese Pizza (V)</u></p> <p>Chicken Parmesan w/ Alfredo</p> <p>Grilled Chicken Salad</p> <p>Garlic Baguette</p> <p><u>Seasoned Carrots</u> Seasoned Broccoli <u>Rainbow Fruit Cup</u> Pineapple Tidbits Milk</p>	<p>30</p> <p><u>Asian Chicken Flatbread</u></p> <p>Hunan Meatball Bowl</p> <p>Asian Salad w/Dinner Roll (V)</p> <p>Green Apple Coleslaw</p> <p><u>Seasoned Green Beans</u> Applesauce w/Granola <u>Mandarin Orange Cup</u> Milk</p>	<p>31</p> <p>Hamburger/Cheeseburger</p> <p><u>Grilled Cheese (V)</u></p> <p>Chicken Salad Croissant PUB Celery & Cherry Tomato Dippers</p> <p><u>Oven Baked French Fries</u> Seasonal Fruit <u>Peach Cup</u> Milk</p>

SPECIAL ANNOUNCEMENTS:
DAILY VEGETARIAN OPTION: (V)
SURE START MENU: Underlined
DIRECTOR'S CHOICE: *

FOOD ALLERGIES/SPECIAL DIETS:
Modifications Made to Safeguard the Well-Being
of Our Students. See Cafeteria Supervisor

Menu Subject to Change Due to Product Availability



SMART GIRLS

Glam Party

JANUARY 11, 3-8 PM

LOTUS CULTURAL CENTER
ATAGO SPORTS COMPLEX

GIRLS AGES 5-18 AND AN ADULT FEMALE GUEST

YTC ☐ 253-5072

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