

The Perry Press

September 7, 2018 V2



MC PERRY PURPOSE STATEMENT

I will pursue excellence.
I am responsible for my actions.
I am a lifelong learner.
Success begins with ME!



THIS ISSUE INCLUDES

PRINCIPAL'S CORNER
NURSE LETTER TO PARENTS
HEAD LICE FACT SHEET
OPEN HOUSE
CHAT AND CHEW
STORYBOOK PARADE LETTER
STORY TELLER
MATH NEWS
PTO INFO
LOCKDOWN DRILL
LUNCH MENU
CALENDAR

The Perry Press

PRINCIPAL'S CORNER



Dear Parents,

You have probably noticed that we are working on making changes to our student pick up/drop off areas. The ongoing project is scheduled to complete approximately two weeks from now, weather permitting. Once the project is finished, we will notify you of the new procedures and the date the procedures will be implemented. Until then, please continue with our current procedures which require student drop off/pick up through the front driveway of the school.

Dismissal procedures will change when the project is complete. Parents will be given ample notification of the changes.

There seems to be some confusion as to where students report for line up in the mornings. To clarify:

-All kindergarten students must be handed to a kinder aide at the playground gate which corresponds to the student's classroom. If it rains, or the equipment is wet due to rain, or the weather is 39 degrees or below, kindergarten students will be handed to a kindergarten aide at the door which leads to the kindergarten hallway.

-All first grade students will report to the playground closest to the back of the school, the one which has the entry to the cafeteria. If it rains, or the equipment is wet due to rain, or the weather is 39 degrees or below, students will go into the cafeteria.

-All second grade students will report to the playground in the middle of the breezeway. If it rains, or the equipment is wet due to rain, or the weather is 39 degrees or below, second grade students will go to the cafeteria by going through the playground which is closer to the back of the school.

Reminder: the Elementary School Principals will be hosting a Parents' Coffee on Wednesday, September 12, 2018 in the M.C. Perry ES Library from 0800 to 0900. Please join us to ask questions or discuss your ideas and concerns.

If you have questions or suggestions regarding any subject, please e-mail me at arturo.rivera@pac.dodea.edu

Arturo Rivera Jr.
Principal
M.C. Perry Elementary School
DSN 253-4673



PACIFIC

DEPARTMENT OF DEFENSE

Dependents Schools
Matthew C. Perry Elementary School
PSC 561 Box 1874
FPO AP 96310



Home of Sammy Samurai

September 6, 2018

Dear Parents,

Welcome to another GREAT school year! This letter contains important information about MC Perry Elementary School and DoDEA health room policies and procedures.

In September/October, I will begin annual health screenings for students, to include vision and hearing. Vision and hearing screening failure notices will be sent home to the parents.

DoDEA has specific immunization requirements necessary for continued enrollment in DoDEA schools. **Newly enrolled students have 30 days** from the date of registration to complete required immunizations. Currently enrolled students have **10 days** to complete any required immunizations they are missing. **If you receive a notice from me stating your child needs immunizations, please return the form/shot record to me with proof of immunization to avoid disenrollment. Updated immunization records/forms are due by the date written at the bottom of the letter/form that you received from me.**

If your child has allergies to foods or insect bites and requires an Epi-Pen or oral allergy medication at school, please provide a doctor-completed **Food Allergy Action Plan** in order to keep an Epi-Pen or allergy medication at school. If your child has a food allergy or is lactose intolerant, please provide a completed **Nutritional Plan for Children with Special Needs** so that a substitution can be made by our food service staff **at no extra cost** to you and ensures your child's nutritional needs are being met. This form is also available in the school nurse's office.

If your child has asthma and requires an inhaler at school, please have the doctor complete an **Asthma Action Plan** and return it to me. All forms are available in the nurse's office. A new prescription/plan/order is required at the start of each school year.

All medications to be given at school must have a written doctor's order and all medications must be labeled to match the doctor's order. **No medication (prescription or over-the-counter, to include pain medications, essential oils, medicated cough drops, eye drops, etc.) can be given without a written doctor's order.** Forms are available in my office.

If your child's health status changes, please contact me so that your child's health record can be updated to reflect the change.

In order that we can reach you in an emergency, **please keep your contact numbers current.**

DoDEA has specific policies related to illness. If your child has a temperature of 100 degrees or higher during the school day, he/she may not remain in school. Also, your child may not return to school until he/she is fever-free for 24 hours without the use of fever-reducing medication. Likewise, if your child has vomiting or diarrhea, he/she may not remain in school. Your child may not return to school until there is no vomiting or diarrhea for 24 hours.

If you have any questions, I can be reached at 253-5903 M-F from 0730 – 1500 or stop by my office.

I look forward to a wonderful year with your children!

Nurse McCoy

Deborah E. McCoy RN
School Nurse
MC Perry Elementary School
253-5903

Head Lice Facts

MC Perry Elementary School Nurse 253-5903
Iwakuni Elementary School Nurse 253-4532
Middle/High School Nurse 253-6746

Treatment Tips:

- Consult your physician and treat with OTC medications.
- Do not wash hair for 2-3 days after initial treatment (or per OTC instructions)
- Repeat treatment in 9 days to kill hatched nits.

Preventing Reinfestation:

- Wash all bed linens and clothing in very hot water.
- Items that cannot be washed; place in airtight bag for one week.
- Soak hair-care items in rubbing alcohol or choose to throw out.

What are head lice? How do they spread?

Head lice are parasitic insects that live on human hair and scalp. There are three stages of a louse: nit (egg), nymph (immature louse), and adult louse (can live for 30 days on the head). The parasite feeds on human blood by biting the scalp, resulting in an itchy head and some

discomfort. Lice are not dangerous and do not transmit disease. However, they can easily spread. Lice spread through direct contact (head to head) or less commonly, by indirect contact (personal belongings). Lice do not jump or hop. They can

only crawl. Lice do not survive on pets nor survive more than 1-2 days off of the human head.

Signs and Symptoms

- Tickling feeling on the scalp
- Itching (caused by bites of the louse)
- Difficulty sleeping (Lice are more active at night)
- Sores on the head (from scratching)

How is lice treated? What about school?

Once head lice have been discovered, best practice is to contact your pediatrician and use over-the-counter medications for treatment of infestation. Follow the manufacturer's instructions. There are no scientific facts that natural remedies are safer and/or more efficient. The manual removal of lice/nits is a component of

treatment. The treatment should be reapplied at day 9. The Treatment Tips section outlines steps to manage lice.

Based on current research, it is no longer recommended to exclude students, perform classroom head checks, or have "no-nit" policies. Students may return to school after a treatment

slip is provided to the School Nurse. Even if students still have nits after treatment, the student may remain in school.

For Further Information, see:

1. American Academy of Dermatology
<https://www.aad.org/media/news-releases/1d68bb5e-a287-4b87-8349-c323eb2d8c93>
2. American Academy of Pediatrics
<https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/app-updates-treatments-for-head-lice.aspx>
3. CDC – Head Lice Information for Schools
<https://www.cdc.gov/parasites/lice/head/schools.html>
4. DoDEA School Health Services Guide
<http://www.dodea.edu/studentservices/uplaod/1-15-Pediculosis-Protocol-for-school-personnel.pdf>
5. National Association of School Nurses
<https://www.nasn.org/toolsresources/headlicepediculosiscapitis/licelessons>

MC Perry Elementary School



OPEN HOUSE

September 11, 2018

5:00 PM—6:30 PM

School Cafeteria

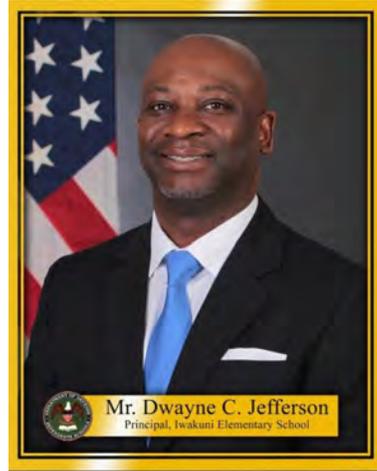
Join us in the Cafeteria to meet the faculty; then head to the classrooms to meet with your child's teacher.

Home of the Samurai

Principal's Chat and Chew



Arturo Rivera
Principal, MCPES



Dwayne Jefferson
Principal, IWES



Join your elementary school
administrators for coffee and
donuts!

Where: M.C. Perry Information
Center

When: Wednesday, September 12
8:00 AM to 9:00 AM



Coming in October...
**Our Second Annual
Storybook Character Parade!**

Dear M.C. Perry and Iwakuni ES Families,

We are very excited to announce that on Wednesday, October 31st we will have Storybook Character Day! On this day the students are asked to dress up as their favorite storybook character. We are asking that the character come from a book that your child reads and loves, not just from a movie or cartoon. Please work with your child to plan a fun and simple costume. We are asking that you work together to get creative with items around the house. If your child has a copy of the book **please** bring the book to class that day.

We will have a **CHARACTER PARADE at 9:00** around the football field. Please feel free to come out and snap a few pictures.

Thank you for making this day possible for the children!

Sincerely,

M.C. Perry ES and Iwakuni ES



MATH NEWS



Draw It, Write It, Take a Photo, or Cut It Out!

MCPES students tell where you see and use numbers in everyday life. Please add your ideas to the display located in the main hallway, left of the library entrance.

Families stop by the COMPUTER LAB on Open House Night. Watch the 1 minute 40 second video, "**With Math I Can.**" Sign the school-wide pledge to help build positive math attitudes and growth mindsets within our school and community.

MC PERRY/ IWAKUNI PTO

IMPORTANT INFO

September

Dates to be aware of:

Sept 15th- Spirit Shirt design entries due.

Sept 18th- First PTO Meeting , 3pm in the MC Perry Cafeteria

*Sept. 22nd Cookies with Characters Event in the MC Perry Cafeteria

Sept. 28th Starting day of Popcorn Fridays

We will be sending home flyers to collect Box Tops for Education, as well as to sign up for Popcorn Fridays.

For more information about these and other events happening with the MC Perry/Iwakuni Elementary PTO please "like" us on Facebook:

[facebook.com/mcperryiwakunipto](https://www.facebook.com/mcperryiwakunipto) or email us at mcperryiwakunipto@gmail.com. We will also be sending out a monthly newsletter.

Please RSVP to events on Facebook or via email, so that we can prepare accordingly..

*Tentative date



Join the PTO today!

2018-2019 Membership Form



Please support our school community by joining the MC Perry/ Iwakuni Elementary PTO. Membership dues are only \$5 per family. This money helps us fund student programs, teacher appreciation, family events, and much more. While volunteers are always appreciated, joining the PTO does NOT mean you are required to participate. It simply means you are invested in the education of our students!

If you have any questions or concerns, please email us at mcperryiwakunipto@gmail.com or send us a message on Facebook at www.facebook.com/mcperryiwakunipto

Yes, I would like to join the PTO and have enclosed my \$5 membership fee.
Cash or check only. Please make checks payable to MC Perry/Iwakuni Elementary PTO.

No, I am not interested in joining the PTO at this time. However, here is my contact information so that I may be informed of PTO news and upcoming events.

Parent/Guardian Name: _____

Email: _____ Phone: _____

Parent/Guardian Name: _____

Email: _____ Phone: _____

Student Name: _____ Teacher: _____

Student Name: _____ Teacher: _____

Student Name: _____ Teacher: _____

Payment Information

Date: _____
Amount: _____
Payment: Cash / Check
Received by: _____

For Office Use Only

Membership Database

Date: _____
Entered by: _____

SCHEDULE LOCKDOWN DRILL

SEPTEMBER 20, 2018





AUG-SEPT 2018 ELEMENTARY/SECONDARY LUNCH MENU



SUBMITTED 8/15/2018

SURE START (BOLD & UNDERLINED)

Monday	Tuesday	Wednesday	Thursday	Friday
-27- Parmesan Chicken Burger Breaded Chicken Burger Greek Entree Sld (Grilled Ckn)/ Dinner Roll (V) Burger Side Salad (Greens/Tom/Dills/Mayo) Sweet Potato Wedges Cinnamon Applesauce <u>Asst. Milk</u>	-28- Chicken Alfredo Pasta/Garlic Baguette (Pulled Ckn & Pasta) Vegetable Alfredo / Garlic Baguette (V) Grilled Ham & Cheese Sandwich House Side Salad/ Dressing (Opt) Seasoned Peas & Carrots Rainbow Fruit Cup <u>Asst. Milk</u>	-29- Pepperoni Pizza OR Hamburger Pizza (Beef) Cheese Pizza (V) Chicken Caesar Salad (Grilled Ckn) Garlic Baguette Caesar Side Salad/ Vinaigrette Dressing Seasoned Green Beans <u>Fresh Grapes</u> <u>Asst. Milk</u>	-30- Chicken Drumstick/ Dinner Roll Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/Salsa & Chips Seasoned Whole Kernel Corn Carrot/Celery Dippers/ FF Ranch Dressing Peach Smiles <u>Asst. Milk</u>	-31- Beef Steak Quesadillas (Seasoned Beef) Fish Burger/Tartar Sc Cheese Quesadillas (WG Tortilla) (V) Ranchero-Style Beans Spanish Rice Mandarin Oranges <u>Asst. Milk</u>
-3- LABOR DAY HOLIDAY	-4- BREAKFAST FOR LUNCH Egg & Cheese Croissant (V) OR Chicken Sausage (2) on Slider Buns Chef Entrée Salad (<i>Diced Ham/Egg/Chs</i>) Dinner Roll / Deli-Roasters Garden Side Salad/ Dressing (Opt) Pineapple Tidbits <u>Asst. Milk</u>	-5- Spaghetti & Meat sauce/ Garlic Baguette Spaghetti & Marinara Sc (V) / Garlic Baguette Chicken Salad Croissant Cucumber-Tom Side Salad Honey-Glazed Carrots Farm Fresh Fruit in Season <u>Asst. Milk</u>	-6- Chicken Tenders/Dinner Roll Cheese Breadsticks/Marinara Sc (V) Chicken Caesar (Grilled Ckn) Salad/Dinner Roll Mashed Potatoes Caesar Side Salad/ Vinaigrette Dressing Cinnamon Apple Slices OR Apple Crisp <u>Asst. Milk</u>	-7- Fish Patty/Tartar Sc & Mac & Chs Side Macaroni and Cheese Pasta (V) Chef Entrée Salad (Sliced Ham/Egg/Chs) & Dinner Roll Greens-Cherry Tomato Side Salad Seasoned Green Peas Harvest Fruit Cup <u>Asst. Milk</u>
-10- Chicken Drumstick/Garlic Baguette Mediterranean Chicken Wrap (Grilled Ckn) Greek Entree Salad (V) Garlic Baguette Chopped Salad (Lettuce/Tomato) Confetti Rice Fresh Grapes <u>Asst. Milk</u>	-11- Chicken Alfredo Pasta (Pulled Ckn & Pasta) Philly-Cheese Sub Grilled Ham & Cheese Sandwich Seasoned Green Beans Carrot/Celery Dippers/ FF Ranch Dressing Rainbow Fruit Cup <u>Asst. Milk</u>	12- Pepperoni Pizza OR Hawaiian Pizza (Ham/PA) Cheese Pizza (V) Chicken Caesar Salad (Grilled Ckn)/Dinner Roll Garden Side Salad Seasoned Corn Emoji Fruit Cup © <u>Asst. Milk</u>	-13- Hunan Chicken Nuggets w/ Rice Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/ Salsa & Chips Broccoli-Carrot Medley Cinnamon Apple Slices OR Apple Crisp <u>Asst. Milk</u>	14- Beef Street Tacos (Seasoned Beef) Pico de Gallo Sc Fish Burger/Tartar Sc Greek Salad w/ Garlic Baguette (V) Tex-Mex Style Beans / Cilantro-Lime Rice Chopped Salad (Lettuce/Tomato) <u>Mandarin Oranges</u> <u>Asst. Milk</u>
-17- Beef-Cheese Burger (Cheese-Opt) Breaded Chicken Burger Three Bean Chili Cheese w/ Cornbread (V) Oven Baked Fries/ 3-Bean Side Veg Burger Side Salad (Greens/Tom/Dills/Mayo) Peach/Grape Fruit Cup <u>Asst. Milk</u>	-18- Lasagna Roll w/Meat sauce Lasagna Roll w/Pizza Sc/ (V) Chef Entrée Salad (Sliced Ham/Egg/Chs) Garlic Baguette Cucumber-Tom Side Salad Seasoned Broccoli Florets Pineapple Tidbits <u>Asst. Milk</u>	-19- Chicken & Fresh Veggie Pho/Noodles Cheese Breadsticks/Marinara Sc (V) Tuna Salad Croissant Zesty Coleslaw Seasoned Green Peas Peach Smiles OR Peach Crisp <u>Asst. Milk</u>	-20- Chicken Tenders/ Dinner Roll Grilled Cheese Sandwich (V) Chicken Caesar Salad (Grilled Ckn) Dinner Roll Mashed Potatoes/ Gravy Carrot/Celery Dippers/ FF Ranch Dressing Cinnamon Applesauce <u>Asst. Milk</u>	-21- Fish Patty/Tartar Sc & Mac & Chs Side Macaroni & Cheese Pasta (V) Chef Entrée Salad (<i>Sliced Ham/Egg/Chs</i>) Seasoned Corn Greens-Cherry Tomato Side Salad Farm Fresh Fruit in Season <u>Asst. Milk</u>
-24- Parmesan Chicken Burger (Grilled Chicken) Grilled Chicken Burger Greek Entree Sld (Grilled Ckn)/ Dinner Roll (V) Burger Side Salad (Greens/Tom/Dills/Mayo) Honey Glazed Carrots Chopped Salad Farm Fresh Fruit <u>Asst. Milk</u>	-25- Chicken Alfredo Pasta/Garlic Baguette (Pulled Ckn & Pasta) Philly-Cheese Sub Grilled Ham & Cheese Sandwich House Side Salad/ Dressing (Opt) Seasoned Peas & Carrots Rainbow Fruit Cup <u>Asst. Milk</u>	-26- Pepperoni Pizza or Hamburger Pizza (Beef) Cheese Pizza (V) Chicken Caesar Salad (Grilled Ckn) & Garlic Baguette Caesar Side Salad/ Vinaigrette Dressing Seasoned Green Beans <u>Fresh Grapes</u> <u>Asst. Milk</u>	-27- Chicken Drumstick/ Dinner Roll Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/Salsa & Chips Seasoned Whole Kernel Corn Carrot/Celery Dippers/ FF Ranch Dressing Peach Smiles OR Peach Crisp <u>Asst. Milk</u>	-28- Beef Steak Quesadillas (Seasoned Beef) Fish Burger/Tartar Sc Cheese Quesadillas (WG Tortilla) (V) Ranchero-Style Beans Spanish Rice Mandarin Oranges <u>Asst. Milk</u>

SPECIAL ANNOUNCEMENTS:

Menu Subject To Change Due To Product Availability

NUTRITIOUS OPTIONS:

Whole Grains and Fresh Fruit Served Daily

Milk (Non-Fat Flavored Milk and 1% Unflavored Milk)

DAILY VEGETARIAN OPTION (V)

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made To Safeguard The Well-Being Of Our Students. See Cafeteria Supervisor.



Matthew C. Perry Elementary School 2018-2019 Academic School Calendar



AUGUST 2018						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 20-Aug Teachers Return
- 24-Aug Back to School Party
- 27-Aug 1st Day for Students 1st & 2nd Grades

FEBRUARY 2019						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

- 7-Feb Q3 CCRS Training-No School
- 18-Feb President's Day - No School

SEPTEMBER 2018						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

- 3-Sep Labor Day/Federal Holiday - No School
- 4-Sep 1st day for Kindergarten & PSCD
- 11-Sep Open House from 1700-1830
- 13-Sep 1st Day for Sure Start

MARCH 2019						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

- 7-Mar Professional Development Day-No School

OCTOBER 2018						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 8-Oct Columbus Day-No School
- 11-Oct Q1 CCRS Training- No School
- 18-Oct Professional Development - No School
- 23-Oct School Pictures

APRIL 2019						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 4-Apr End of 3rd Quarter
- 5-Apr Teacher Work Day - No School
- 8-12-Apr Spring Break - No School
- 15-Apr School Resumes/Beginning of 4th Qtr
- 18-Apr Q4 CCRS Training-No School

NOVEMBER 2018						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- 1-Nov End of 1st Quarter
- 2-Nov Teacher Work Day - No School
- 5-Nov Beginning of 2nd Quarter
- 12-Nov Veteran's Day Holiday - No School
- 13-14-Nov Parent/Teacher Conferences - No School
- 22-23-Nov Thanksgiving Break - No school
- 29-Nov Q2 CCRS Training-No School

MAY 2019						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 16-May Early Withdrawal 2nd Semester (with PCS orders)
- 27-May Memorial Day - No School

DECEMBER 2018						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

- 11-Dec Early Withdrawal 1st Semester (with PCS orders)
- 18-Dec-2-Jan Winter Break for Students

JUNE 2019						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

- 6-Jun Last Day for Sure Start and PSCD
- 13-Jun End of 4th Quarter Period and 2nd Semester
- Last Day of School for Students
- Students released at 10:45
- 14-Jun Teacher Work Day - No School

JANUARY 2019						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 2-Jan School Resumes
- 21-Jan M.L. King Jr. Federal Holiday - No School
- 24-Jan End of 2nd Quarter and 1st Semester
- 25-Jan Teacher Work Day - No School
- 28-Jan Beginning of 3rd Quarter/2nd Semester

JULY 2019						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Every Thursday is early release (1:30 p.m.) for students

This schedule is subject to change.

Updated on June 11, 2018

- Holiday-No School
- Student-No School/Teachers workday
- Early withdrawal
- Parent/Teacher Conferences - No School
- School Resumes
- School Ends
- Special Event