



## Maxwell Elementary/ Middle School March 1-26, 2021 Lunch Menu



March is National Nutrition Month! To learn more about each week's theme, go to [eatright.org/food/resources/national-nutrition-month](http://eatright.org/food/resources/national-nutrition-month).

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>Week 1: Eat a variety of nutritious foods every day!</i>	<b>March 1</b> <b>Hop on Pop Chicken Nuggets w/ Dip</b> 1 Fish, 2 Fish, Goldfish Crackers California Blend Sliced Peaches Horton's Milk Variety 	<b>March 2</b> <b>Sam I Am! (Hamburger on a Bun)</b> Lettuce & Tomatoes Whoville Baked Beans Sliced Pears Horton's Milk Variety 	<b>March 3</b> <b>Poodles w/ Noodles (Spaghetti w/ Meat Sauce)</b> Grinch Salad & Tomato Mixed Fruit Horton's Milk Variety 	<b>March 4</b> <b>Green Eggs &amp; Ham Sandwich</b> Mixed Vegetables Pineapple Tidbits Horton's Milk Variety 	<b>March 5</b> <b>Thing One Personal Pan Cheese Pizza</b> Green Peas Applesauce Horton's Milk Variety 
	<b>NATIONAL SCHOOL BREAKFAST WEEK!</b>				
<i>Week 2: Plan your meals each week!</i>	<b>March 8</b> <b>Hot Dog on a Roll</b> Potato Wedges Green Beans Fresh Apple Slices Assorted Milk	<b>March 9</b> <b>Teriyaki Chicken</b> Dinner Roll Spinach Salad w/ Strawberries Assorted Milk	<b>March 10</b> <b>Cheesy Beef Taco</b> Salsa Refried Beans Peaches Assorted Milk	<b>March 11</b> <b>BREAKFAST FOR LUNCH!</b> <b>Sausage Pancake on a Stick</b> Assorted Cereal Yogurt / Banana V-8 Juice / Tater Tots Assorted Milk	<b>March 12</b> <b>Grilled Cheese Sandwich</b> Tomato Soup Pineapple Chunks Assorted Milk
	<i>Week 3: Learn skills to create tasty meals!</i>	<b>March 15</b> <b>Salisbury Steak w/ Gravy</b> Mashed Potatoes Green Beans Dinner Roll / Pears Assorted Milk	<b>March 16</b> <b>BBQ Pulled Pork</b> WG Bun Green Salad w/ Tomato Applesauce Assorted Milk	<b>March 17</b> <b>Baked Chicken</b> Brown Rice Collards / Carrots 100% Grape Juice Assorted Milk	<b>March 18</b> <b>Hamburger on a Bun</b> Lettuce & Tomatoes Baked Beans Peaches Assorted Milk
<i>Week 4: Consult a Registered Dietitian/ Nutritionist!</i>	<b>March 22</b> <b>Chicken &amp; Cheese Quesadilla</b> Salsa / Mexicali Corn Apple Slices Assorted Milk	<b>March 23</b> <b>Hot Dog on Roll</b> Baked Beans Coleslaw Peaches Assorted Milk	<b>March 24</b> <b>Meatball Sub</b> Tossed Salad w/ Tomato Applesauce Assorted Milk	<b>March 25</b> <b>Ham &amp; Cheese Wrap</b> Lettuce & Tomatoes Carrot Sticks w/ Dip Pineapple Assorted Milk	<b>March 26</b> <b>Teriyaki Chicken Tenders</b> Brown Rice Green Beans Mandarin Oranges Assorted Milk

Menus Subject to Change