

Principal's Perspective

Maxwell Elementary-Middle School

Issue 6, March 2021

Growth Mindset

Growth Mindset is a buzzword in education these days but understanding and embracing this concept can lead to growth in all areas of life, not just education.

A Growth Mindset is the belief that skills and intelligence can be developed. Those with a Growth Mindset believe that they can get better at a skill with practice and hard work. They also think they can get smarter through studying, asking for help, and using effective instructional strategies. Growth mindset recognizes that failure is part of learning and growing; not a sign to stop trying.

Having a Growth Mindset is not just for students or athletes, it is also for anyone who wants to continue to learn, grow, and be successful at life. Thomas Edison, the inventor of the lightbulb famously stated that "I have not failed. I've just found 10,000 ways that won't work." He obviously had a Growth Mindset because he didn't give up and continued to learn and grow from his many mistakes. Watch this quick 13 minute video for an overview of the Growth Mindset:

<https://thelernerlab.com/portfolio/learning-like-a-jungle-tiger/>

For more on Growth Mindset, go to <https://trainugly.com/growth-mindset-hub/>

Sources: <https://mindsetscholarsnetwork.org/learning-mindsets/growth-mindset/#>



Dates to Remember

Mar 1-17 – Interim Assessments (Grades 3-8)

Mar 7 – Deadline to request meals for Spring Break

Mar 14 – Daylight Savings Time begins

Mar 19 – Meal pickup for the week of Spring Break

Mar 22-26 Spring Break

Self-Care Strategies

During the Coronavirus Pandemic
www.thepathway2success.com

 List 5 things you are grateful for	 Take one day at a time	 Take a break when you need one	 Use positive self-talk
 Go for a walk or spend time outside	 Read a good book	 Video chat with family and friends	 Stay active and eat well
 Make memories with family at home	 Spend less time on social media	 Accomplish something on your to do list	 Turn off the news

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