



The Exchange School Meal Program is proud to offer healthy, flavorful STAR LUNCHES daily!

STAR LUNCHES

Choose from a variety of options.



A STAR LUNCH, at a minimum, must include at least three of the above components, including either a fruit or vegetable. Students may request additional fruits or vegetables at no extra cost.

BREAKFAST? Check with your students' school to see if breakfast is offered!

Nutrition and Allergen information can be found on our website:
<https://www.aafes.com/about-exchange/school-lunch-program/>

This institution is an Equal Opportunity Provider.

SCHOOL MEAL PROGRAM CUSTOMER SERVICE:
SMPCustSvc@aafes.com



SET UP YOUR SCHOOL LUNCH ACCOUNT

1

REGISTER EACH STUDENT

- » Obtain 10-digit DoDEA student ID# for all children from the school registrar.
- » You will need each student's ID# for step 2.

2

SET UP LUNCH ACCOUNT WITH EXCHANGE

- » Visit your local Exchange Customer Service to set up an account for each student.
- » A 6-digit pin number will be assigned for your child to use to deduct the cost of meals, a la carte items & drinks.
- » All students, even those eligible for free & reduced price meals & Sure Start need a lunch account.

3

DEPOSIT MONEY INTO STUDENT ACCOUNTS

- » To deposit money to your child's meal account online, set up an account on MYPAYMENTSPLUS. MPP charges a 4.75% management fee for all deposits made online or on its mobile app.
- » Deposits made at your Exchange or school cafeteria are FREE.
- » New students:
 - » Visit www.mypaymentsplus.com. Follow onscreen directions and register your student(s) using their student ID#. You can have multiple students on one account.
- » Returning & new students:
 - » Deposit into the School Meal Program account for school meals.
 - » Deposit into the general account for a la carte items & drinks.
- » With MPP you can: View cafeteria balances, view purchases, set up low balance account alerts & make payments.

4

APPLY ONLINE FOR FREE OR REDUCED LUNCHES

- » You only need one application per household. A new application is required for each household every school year. Please include ALL students on one application (mandatory for all Sure Start students).
- » Parents/guardians can apply online for benefits.
- » Apply at <https://freeandreducedapps.aafes.com>.

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MORE SCHOOL MEAL PROGRAM INFORMATION:

<https://www.aafes.com/about-exchange/school-lunch-program/>