

Resource links:

Autism/Asperger's:

<https://www.autismspeaks.org>

First 100 Days Kit: A tool kit to assist families in getting the critical information they need in the first 100 days after an autism diagnosis.

https://www.autismspeaks.org/docs/family_services_docs/100_day_kit.pdf

ADHD:

<http://www.helpguide.org/articles/add-adhd/attention-deficit-disorder-adhd-parenting-tips.htm>

Speech Pathology:

<http://www.home-speech-home.com/>
<http://kidshealth.org/en/parents/speech-therapy.html>

EFMP:

<http://www.airforcemedicine.af.mil/EFMP/>

**Disclaimer- The provided links are not officially endorsed by the P3DT affiliated MDGs. These are helpful resources suggested by providers/parents/third parties. To include additional resources please contact the P3DT or your pediatric clinic*



Call our Pediatric Clinic if:

- * **Concerned about your child having Autism/ ADHD**
- * **Is your child having difficulty with behavior or school?**
- * **Possible mental health concerns**
- * **Was your child born prematurely and you have concerns?**
- * **Questions about your child's overall development?**

Call your pediatric clinic to discuss and book an appointment.

We are here to help!



PACAF Pediatric Clinic Contact Information

P³DT Spoke Sites:

Anderson AFB, Guam
DSN 315-366-5036

Osan AFB, Korea
DSN 315-784-2555

Eielson AFB, Alaska
DSN 317-377-2225

Misawa AFB, Japan
DSN 317-226-6200

Yokota AFB, Japan
DSN 317-225-4983

Hickam AFB, Hawaii
DSN 315-448-6282

P³DT Hub Sites:

JBER, Alaska
DSN 317-377-2225

Kadena AFB, Japan
DSN 315-630-4542

Revised: 7/19

PACAF Pediatric Psychological Developmental Team (P³DT)



Developmental Pediatrician

Pediatric Psychiatrist

Pediatric Psychologist



Please call for Information
about Diagnosis/ Programs/
Services/ Assistance with
referrals/paperwork/school



Who qualifies for EFMP?

- * An Exceptional Family Member (EFMP) is any family member (child or adult) of an active duty service member, who has any physical, emotional, developmental, or educational need requiring special treatment on an ongoing basis.
- * EFMP is mandatory for active duty family members diagnosed with an EFM need.



Eligibility

Active duty Air Force beneficiaries (0-17 yrs old) stationed at a PACAF MTF.



What is P³DT?

PACAF Pediatric Psychological Developmental Team (P³DT) is a hub and spoke team of developmental and behavioral pediatrics and mental health specialists to support PACAF active duty beneficiaries between 0-17 years old requiring specialty care. The two hub sites are located at JBER, AK, and Kadena AFB, Japan. Each of these hub sites have access to child psychiatry, child psychology, and developmental and behavioral pediatrics. If you are located at one of the spoke sites you can access care too. Speak with your pediatrician for a possible referral.



Services

Services could include consultation, education, rotational site visits by a P³DT provider to your spoke site, or telehealth appointments with a P³DT provider. Contact your pediatric department to find out more.

Clinical Areas Covered:

- * Child Psychiatry
- * Child Psychology
- * Developmental and Behavioral Pediatrics

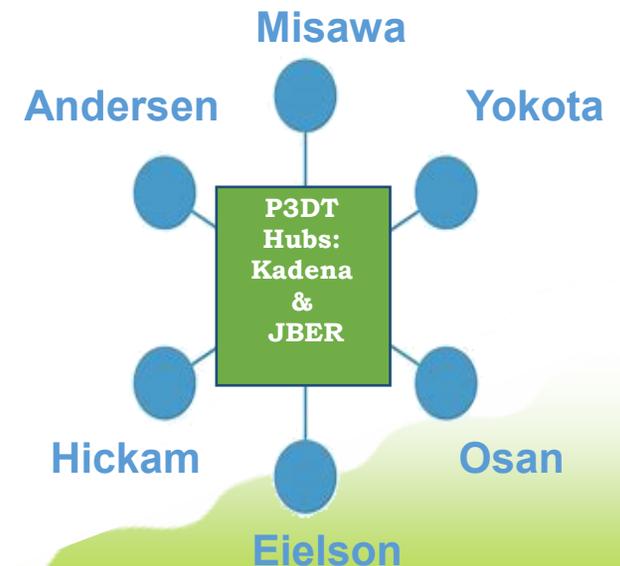
Service Options:

- * Consultation
- * Education
- * Rotational Site Visits
- * Virtual, video, visits (telehealth appointments)

Major Areas Covered by P3DT:

- * Autism Spectrum Disorder
- * ADHD
- * Speech & Language Disorders
- * Mood Disorders
- * Cognitive Impairments & Disabilities
- * Motor Impairments & Disabilities
- * Conduct & Behavioral Disorders
- * Developmental Disorder of Scholastic Skills
- * Phobias, Psychosis & Compulsive Disorders

P3DT Hub and Spoke Model



Readiness

Family Readiness = Mission Readiness. Readiness is critical in all that the Air Force does. It means being fit and equipped to complete the mission, and having healthy and prepared families at home.



Vision

P3DT is a hub and spoke regional pediatric specialty team including child psychiatry, child psychology and developmental and behavioral pediatrics to assist patients, families, and local primary care providers deliver safe and effective pediatric specialty care in PACAF.



Where do I start?

Call your Pediatric Clinic for information about programs, eligibility, and services to inquire.



What is EFMP?

Exceptional Family Member Program assists and provides advocacy services to eligible family members of the active duty, National Guard and Reserve.