

Signonella Lunch Menu October 2019

Elementary Lunch Menu

<p>September 30 Choice of One: Tangerine Chicken w/Fried Rice Hot Ham & Cheese Croissant Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Steamed Broccoli Mashed Potatoes Choice of: Ice Cold Milk</p>	<p>October 1 Choice of One: Nathan's Hot Dog Chicken Tenders Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Side Salad Green Peas Choice of: Ice Cold Milk</p>	<p>2 Choice of One: Pasta w/Meat Sauce Grilled Chicken Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Mixed Vegetables Fresh Carrots Choice of: Ice Cold Milk</p>	<p>3 Choice of One: Beef Burrito Turkey Deli Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk</p>	<p>4 Choice of One: Pizza Fish Filet Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Roasted Sweet Potatoes Baked Beans Choice of: Ice Cold Milk</p>
<p>7 No School CCRS-L Training</p>	<p>8 Choice of One: Soft Tacos Grilled Cheese Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Side Salad Green Peas Choice of: Ice Cold Milk</p>	<p>9 Create One of Your Own: Chicken Adobo w/Rice Lasagna w/Garlic Roll Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Mixed Vegetables Fresh Carrots Choice of: Ice Cold Milk</p>	<p>10 Choice of One: Chicken Sandwich Breakfast for Lunch Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk</p>	<p>11 No School CSI Day</p>
<p>14 No School Holiday</p>	<p>15 Choice of One: Nathan's Hot Dog Chicken Tenders Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Side Salad Green Peas Choice of: Ice Cold Milk</p>	<p>16 Choice of One: Pasta w/Meat Sauce Grilled Chicken Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Mixed Vegetables Fresh Carrots Choice of: Ice Cold Milk</p>	<p>17 Choice of One: Beef Burrito Turkey Deli Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk</p>	<p>18 Choice of One: Pizza Fish Filet Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Roasted Sweet Potatoes Baked Beans Choice of: Ice Cold Milk</p>
<p>21 Choice of One: Teriyaki Chicken w/Fried Rice BBQ Meatballs w/Roll Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Steamed Broccoli Mashed Potatoes Choice of: Ice Cold Milk</p>	<p>22 Choice of One: Soft Tacos Grilled Cheese Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Side Salad Green Peas Choice of: Ice Cold Milk</p>	<p>23 Create One of Your Own: Chicken Adobo w/Rice Lasagna w/Garlic Roll Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Mixed Vegetables Fresh Carrots Choice of: Ice Cold Milk</p>	<p>24 Choice of One: Chicken Sandwich Breakfast for Lunch Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk</p>	<p>25 Choice of One: Pizza Fish Filet Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Roasted Sweet Potatoes Baked Beans Choice of: Ice Cold Milk</p>
<p>28 Choice of One: Tangerine Chicken w/Fried Rice Hot Ham & Cheese Croissant Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Steamed Broccoli Mashed Potatoes Choice of: Ice Cold Milk</p>	<p>29 Choice of One: Nathan's Hot Dog Chicken Tenders Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Side Salad Green Peas Choice of: Ice Cold Milk</p>	<p>30 Choice of One: Pasta w/Meat Sauce Grilled Chicken Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Mixed Vegetables Fresh Carrots Choice of: Ice Cold Milk</p>	<p>31 Choice of One: Beef Burrito Turkey Deli Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk</p>	<p>November 1 Choice of One: Pizza Fish Filet Sandwich Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Roasted Sweet Potatoes Baked Beans Choice of: Ice Cold Milk</p>

Meal Prices:
Elementary: \$3.25
Secondary: \$3.50



Visit www.mynavyexchange.com/smp for further SMP information.



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 online at www.mypaymentsplus.com