

# EBOLA VIRUS FACTS

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## Ebola Quick Facts

### Incubation period

Once someone is infected, Ebola Virus may incubate two to 21 days with no symptoms

### Early symptoms

High fever (usually over 101°F), chills, headache, vomiting, diarrhea, stomach ache, muscle aches, fatigue and unexplained bleeding or bruising

## Ebola Risk Facts

### You are at risk ONLY IF

you come into direct contact with the blood and/or body fluids of a **symptomatic infected person**

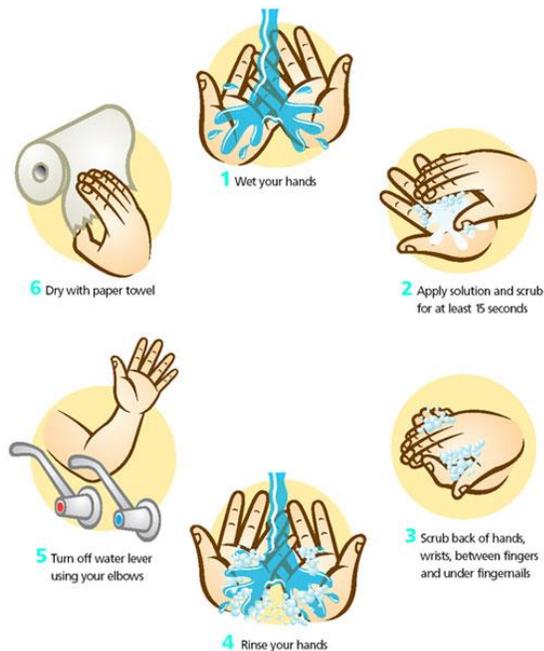
## Ebola Risk Facts

### Ebola Virus is NOT TRANSMITTED

through air or water, according to the CDC

## Precautions to take

Practicing **standard universal precautions** is the most effective method to protect students and staff. DoDEA schools receive annual training on universal precautions/Blood Borne Pathogens and have Personal Protective Equipment on hand (gloves and barriers that can prevent exposure to blood and body fluids.



**HAND WASHING using soap and water** is the first and most important step in preventing the spread of infectious diseases!