



School Information: Menu subject to change upon product availability.



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Muffin
Cereal
Pears
Juice
Milk **2**

Scrambled Eggs
Grits
Toast
Applesauce
Mixed Fruit
Milk **3**

No School **4**

Cinco De Mayo
Yogurt
Toast
Pears
Juice **5**

School Lunch Hero Day
French Toast Sticks
Peach Cup
Mixed Berry Cup
Milk **6**

Pancake Sausage Rollup
Applesauce
Juice
Milk **9**

Nutri-Grain Bar
Orange Wedges
Peach Cup
Milk **10**

Pop Tart
Apple
Juice
Milk **11**

Sausage Biscuit
Applesauce
Juice
Milk **12**

Breakfast Pizza
Raisins
Juice
Milk **13**

Chicken Biscuit
Mixed Fruit
Peach Cup
Milk **16**

Scrambled Eggs
Grits
Toast
Pears
Juice
Milk **17**

Cereal
Toast
Pineapple
Peaches
Milk **18**

Nutri-Grain Bar
Cereal
Applesauce
Juice
Milk **19**

Yogurt
Toast
Pears
Juice
Milk **20**

French Toast Sticks
Orange Wedges
Juice
Milk **23**

Oatmeal
Cinnamon Toast
Pears
Juice
Milk **24**

Pancake Sausage Rollup
Apple
Juice
Milk **25**

Cereal
Toast
Peaches
Pineapple
Milk **26**

Nutri-Grain Bar
Cereal
Applesauce
Orange Wedges
Milk **27**

Memorial Day **30**

French Toast Sticks
Peaches
Juice
Milk **31**

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