The DoDEA Health Education Program prepares students to make wise decisions on matters concerning personal, family and community health by providing comprehensive health education to students in Kindergarten through grade 12. Through health education, DoDEA students gain an understanding and appreciation of healthful lifestyles that promote lifelong wellness. DoDEA health education learning opportunities are designed to engage our students; enabling them to take responsibility for their well-being and the well-being of others.

Basic to health education is a foundation of knowledge about the interactions within the human body, the prevention of disease and other health problems, and the interrelationship between behavior and health. Health education encompasses the application of specific skills to concepts related to personal and community health; safety and injury prevention; nutrition and physical activity; mental health; alcohol tobacco and other drugs; and family life and human sexuality. The DoDEA Health Education Content Standards aspire to make all students' health literate and are aligned to the National Health Education Standards.

The DoDEA Health Education Content Standards aspire to make all students' health literate and are aligned to the National Health Education Standards. The DoDEA Health Education Content Standards are developed in accordance with the DoDEA curriculum and assessment renewal process and designed to provide guidance to teachers in planning lessons and assessing student achievement.

DoDEA graduates are required to successfully complete the .5 health course to earn a diploma.