



DEPARTMENT OF DEFENSE EDUCATION ACTIVITY

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Employee Assistance Program

The scope of EAP is multi-faceted and wide ranging, covering such diverse issues as finances, anger management, stress reduction, work-life balance, dealing with change, elder care, substance abuse, retirement, and many others.

EAP is confidential and you are encouraged to utilize it. Your first visit with a counselor, if during working hours, will be regarded as excused absence. There is no requirement to tell your supervisor the nature of your

visit or business with EAP, but if utilizing the service during working hours you need prior approval for the absence. Subsequent visits, if during regular work hours, are subject to normal leave procedures.

EAP services are provided by MagellanAscend 24 hours a day, 7 days a week. Resources are available at [DoD Employee Assistance Program](#) (select Find My Company/Log In and type DoDEA) or call Toll Free Number at 1-866-580-9046 if you need more information or assistance.

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