

Self-Recorded Video Tips for Teachers

Hint:
If using a
cell phone,
record video
horizontally.

1

Framing

To create the feeling of being a “comfortable distance” from your audience, film yourself from just above the top of your head to slightly below your shoulders.

2

Audio

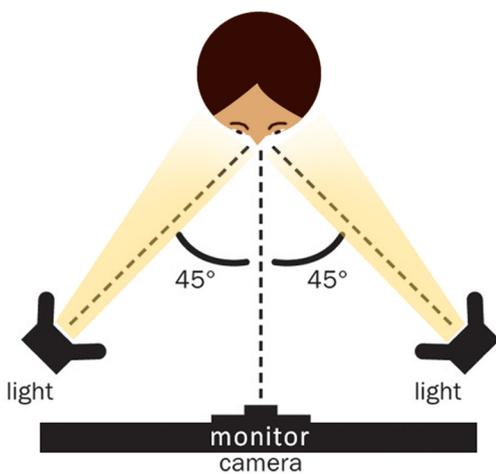
Try to eliminate background noise, like air conditioners, and music or television. Speak clearly, and direct your voice toward the camera’s microphone.

3

Lighting

Achieve professional looking lighting by using two lamps, each about one meter away, one at a 45 degree angle to your right, and the other 45 degrees to your left. Space yourself at least one meter away from your background to avoid casting a shadow.

Hint:
If recording
during the day,
you might
discover that
you get the best
results by just
sitting near
the window in
indirect sunlight.



4

Editing Your Video

If you choose to edit your videos, consider adding images that help illustrate your lesson, or adding text for additional clarity.

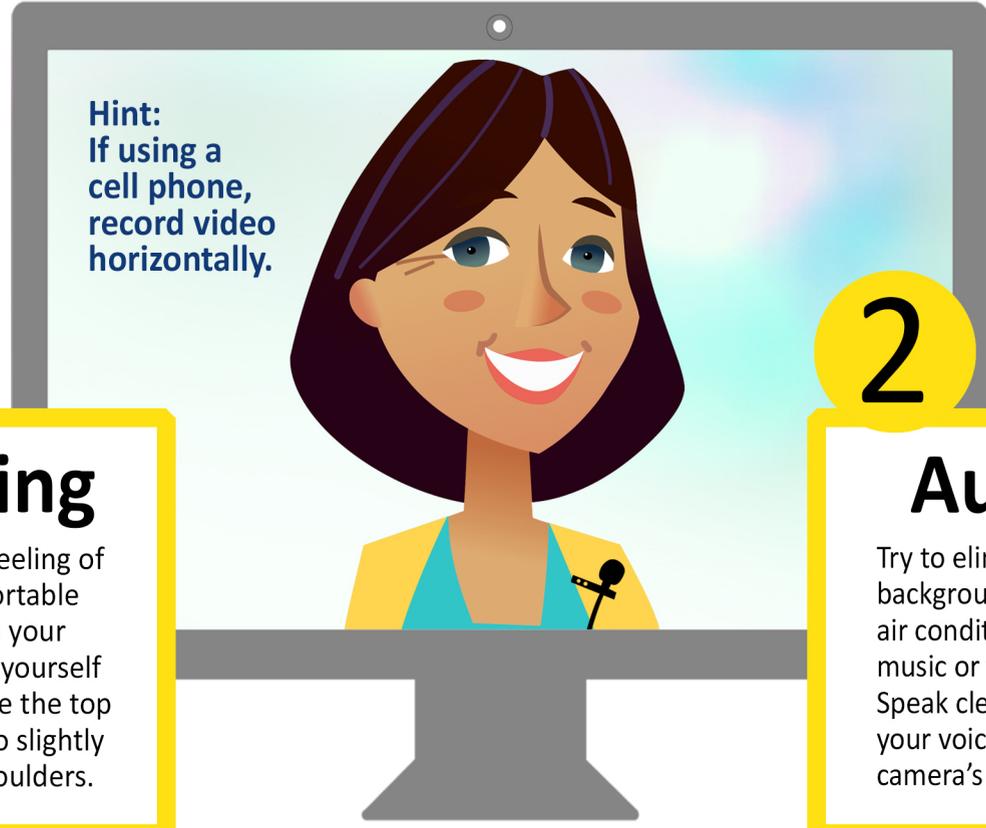
*For your creativity and innovation
during these challenging times,
“Thank you, DoDEA teachers!”*

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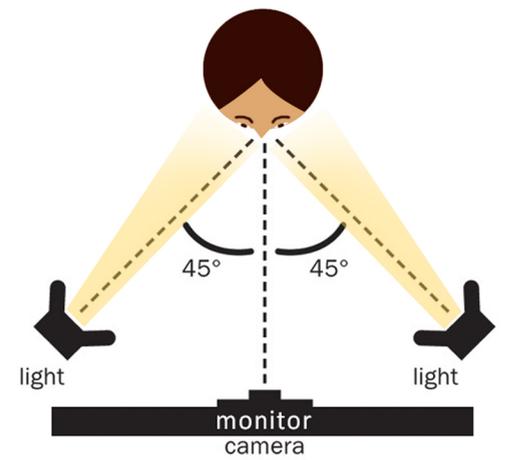
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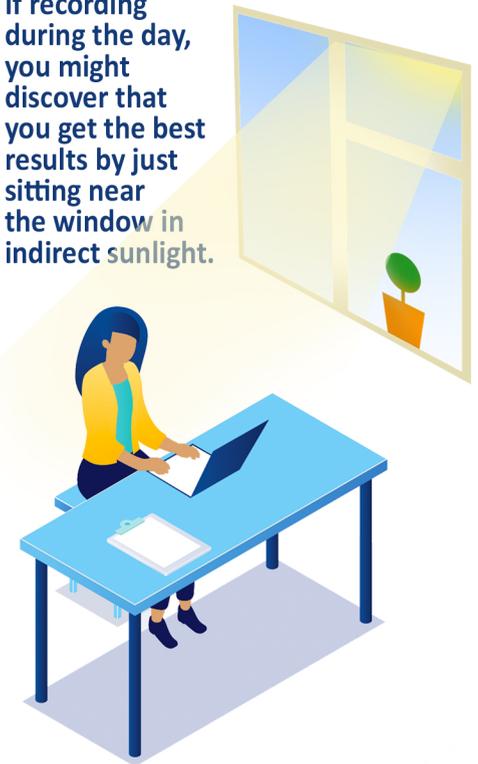


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