Self-Recorded Video Tips for Teachers

1. Framing
To create the feeling of being a “comfortable distance” from your audience, film yourself from just above the top of your head to slightly below your shoulders.

2. Audio
Try to eliminate background noise, like air conditioners, and music or television. Speak clearly, and direct your voice toward the camera’s microphone.

3. Lighting
Achieve professional looking lighting by using two lamps, each about one meter away, one at a 45 degree angle to your right, and the other 45 degrees to your left. Space yourself at least one meter away from your background to avoid casting a shadow.

4. Editing Your Video
If you choose to edit your videos, consider adding images that help illustrate your lesson, or adding text for additional clarity.

For your creativity and innovation during these challenging times,
“Thank you, DoDEA teachers!”
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